



WEEK 1

31 Oct, 21 Nov, 12 Dec, 16 Jan, 6 Feb, 6 Mar, 27 Mar



	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Margherita Pizza with herby potatoes & coleslaw	Chicken katsu curry with rice and broccoli	Roast British Gammon with Roast Potatoes, carrots & Gravy	Beef bolognaise with wholemeal pasta and sweetcorn	Breaded Fish Fillet with oven baked chips & peas
Vegetarian	Veggie bean taco with herby potatoes & coleslaw	Cheese and potato pie with baked beans	Vegan Sausage Roll with roast potatoes, peas & gravy	Oriental tofu stir fry with noodles and green beans	Falafel burger and tomato salsa with oven baked chips and peas
Third Option	Pasta with cheese	Jacket with cheese	Pasta with tomato	Jacket with tuna	Pasta with pesto
Dessert	Fruit salad	Chocolate crunch & custard	Yoghurt selection	Apple crumble & custard	Vanilla ice cream

WEEK 2

7 Nov, 28 Nov, 2 Jan, 23 Jan, 20 Feb, 13 Mar

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Mac & Cheese with herby potatoes & mixed salad	Jerk chicken, rice and peas	Roast British Beef with yorkshire pudding, roast potatoes, broccoli & gravy	Pork and carrot meatballs in tomato sauce with wholemeal pasta and green beans	Pollock fish fingers with oven baked chips and baked beans
Vegetarian	Veggie burrito with herby potatoes & mixed salad	Tomato and basil gnocchi with garlic break and sweetcorn	Vegan cumberland sausage with roast potatoes, carrots	Sweet potato and jackfruit curry with white rice and cauliflower	Vegetable Fingers with oven chips and peas
Third Option	Pasta with pesto	Jacket with tuna	Pasta with cheese	Jacket with tuna	Pasta with tomato
Dessert	Oaty apple muffin with fresh apple	Chocolate brownie	Fruit salad	Yoghurt selection	Chocolate and orange shortbread

WEEK 3

14 Nov, 5 Dec, 9 Jan, 30 Jan, 27 Feb, 20 Mar

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Shepherdless pie with peas	Cumberland pork sausages with mashed potato and green beans	Roast British Chicken with Roast Potatoes, stuffing, winter greens & Gravy	Beef fajita pasta with broccoli	Breaded Fish Fillet with oven baked chips & peas
Vegetarian	Cheese and broccoli quiche with freshly baked bread and carrots	Mediterranean Pasta Bake with sweetcorn	Quorn fillet with Roast Potatoes, stuffing, winter greens & Gravy	Veggie Moroccan meatballs with wholemeal pasta and carrots	Vegan nuggets with oven baked chips and baked beans
Third Option	Pasta with cheese	Jacket with tuna	Pasta with pesto	Jacket with cheese	Pasta with tomato
Dessert	Lemon drizzle cake	Jaffa cake pots	Yoghurt selection	Fruit salad	Chocolate and pear sponge