



**St. Charles Borromeo**  
CATHOLIC PRIMARY SCHOOL  
AND NURSERY

**PSHE**

**STATEMENT FOR THE TEACHING OF  
PERSONAL, SOCIAL, HEALTH AND ECONOMIC  
EDUCATION**

Last reviewed October 2023



**Part of the Xavier Catholic Education Trust**

# St Charles Borromeo Mission Statement

We will **grow** in our Catholic faith by praying and worshipping together.

We will work hard so that we can **learn** and be the best that we can be.

We will **work** together in our families, school, and parish and with those both near and far to make our world a better place for us all.

We will **follow** the example of Jesus and his teachings in all that we say and do.

## **PSHE STATEMENT**

Personal, Social, Health and Economic Education (PSHE) will be taught in line with our Teaching and Learning Policy and making reference to the SEN and Assessment policies.

### **OBJECTIVES**

The objectives for this subject will be as follows:

Our PSHE programme will support the development of the skills, attitude, values and patterns of behaviour, which will enable pupils to:

- Have a sense of purpose
- Value self and others
- Form relationships
- Make and act on informed decisions
- Communicate and express feelings through pupil voice and peer mediation.
- Work effectively with others
- Respond to challenge
- Be an active partner in their own learning
- Become healthy and fulfilled individuals.
- Develop an understanding of how core values guide our lives and relationships with peers, family, local community and the wider world
- Demonstrate a good understanding of British Values

### **ORGANISATION**

At St Charles Borromeo School we follow the Life to the Full Programme from Ten:Ten. Ten: Ten Resources is a family-run, award-winning organisation that has been working in Catholic education for over 15 years, using story and drama to speak to hearts and minds. Originally founded as a theatre-in-education company, Ten: Ten Resources has grown into a widely-used and highly-regarded educational and film company.

**Approved by the Diocese, the programme sets out ten principles for Catholic Relationships Education:**

1. Our bodies are good
2. Through loving relationships we become close to the image and likeness of God
3. Catholic Relationships Sex and Health Education (RSHE) is about the whole person
4. Catholic RSHE should be taught in partnership with parents
5. Our deepest identity is as a child of God
6. Story can change hearts and minds
7. Catholic RSHE is an education in virtue
8. Catholic RSHE is an education in conscience
9. Relationship education is about striving for the common good
10. Prayer, Scripture and the Sacraments underpin the teaching

The Life to the Full Plus programme includes:

- Over 80 lesson plans for EYFS to Year 6
- High-quality videos created by Ten: Ten specifically for UK-based Catholic primary schools
- Parent Online Parent Portal for links to home

This is supplemented with values-led education and British values education. It is also taught through circle time activities and through a cross curricular, integrated approach, for example in R.E. and Science.

Assemblies support the delivery of PSHE through planned themes and are used to focus on specific themes.

**CURRICULUM ENRICHMENT**

Enrichment activities support the teaching of PSHE, for example, the residential experiences in Years 4-6 makes an important contribution to the pupils' personal and social development.

In addition to this, there are a range of workshops/visitors/school trips/themed days/weeks linked to all areas of PSHE, equality and diversity. Examples being:

Internet safety workshops  
Anti-bullying Week  
Disability Awareness  
Financial awareness

Details of enrichment activities are kept by the PSHE Lead.

**MENTALLY HEALTHY SCHOOLS**

All of our Xavier Trust schools are involved in the Mentally Healthy Schools Project, which aims to ensure that all children in our schools know how to keep themselves mentally healthy. At St Charles, we are committed to ensuring that all children in our school will understand the importance of mental health and emotional wellbeing, and how to support themselves and others. Through our PSHE curriculum and enrichment activities, they develop skills to identify and manage their emotions, as well as being equipped with tools to help them to cope both now and in the future.

## **PUPIL INVOLVEMENT**

Pupils will be consulted on their own personal and social development through the School Council and subject lead monitoring. A buddying system is in place at the school, which involves pupils from Year 5 monitoring KS1 at playtimes. The Wizz Club, run by pupils of Year 6, targets the needs of specific children who need support in developing positive play routines.

## **RELATIONSHIP AND SEX EDUCATION**

At St Charles Borromeo, we teach Sex Education based on the teachings of our Catholic faith. The subject is taught using Diocesan guidance and is supported by the Life to the Full programme. Parental permission is sought prior to specific modules and parents have the right to withdraw their child from the sessions should they choose to. Further information regarding the teaching of Relationship and Sex Education is provided in the Policy for Relationship and Sex Education and through the curriculum documents from the Catholic Education Service (CES) and the diocese.

## **VALUES LED EDUCATION**

Our school is a values based school. In an ever changing world, we believe in the importance of teaching our pupils set core values explicitly. Every month a different value is introduced to the children. We believe that values-led education will:

- Encourage all of us to be the best that we can be
- Provide a moral framework
- Encourage reflective and ethical thinking
- Help us to understand and articulate the impact our behaviour can have on our friends, family, our school, local community and the wider world
- Encourage our community to develop and establish strong positive values on which to build lives
- Strengthen our sense of belonging
- Promote the giving and receiving of support and develop within us empathy towards all

During the school year the 'Value of the Month' is introduced through assemblies and story times, and communicated implicitly and explicitly within school through lessons, displays, role-modelling and pastoral care.

The experience offered through our Values Programme led by our staff provides a good foundation to develop children's academic and creative abilities as their efforts are valued and learning has a sense of purpose. Children are given the tools to equip them for the future both at school and as young adults.

## **BRITISH VALUES**

We ensure that, in line with requirements, the fundamental British Values of democracy, the rule of law, individual liberty and mutual respect and tolerance of those with different faiths and beliefs are promoted to our children. British Values are promoted within the curriculum, both discreetly and through cross curricular work in subjects such as R.E. Assemblies are also used to help the children to know how they can live them in their everyday lives. In addition to this, they are promoted through curriculum enrichment, with specific themed weeks and visitors e.g. UK Parliament and Justice Week.

## **RESOURCES**

Each teacher has access to the Life to the Full Programme, diocesan guidance and curriculum. Additional resources, including those for the teaching of our core values, are stored on the server and with the coordinator. Resources to support the delivery of assemblies are stored in the staff room. The subject lead is responsible for monitoring and updating these resources.

## **SPECIAL EDUCATIONAL NEEDS**

A wide variety of strategies are used by teachers in order for each child to participate in PSHE lessons to the best of their ability. The Life to the Full Programme gives specific guidance on how resources can be adapted.

## **ASSESSMENT AND RECORDING**

Teacher assessment will be the principal method for assessing PSHE.

## **HEALTH AND SAFETY**

Where there are Health and Safety implications, the children will be informed of these and closely supervised.

Any additional policies referred to can be viewed/downloaded from the school website ([www.stcharlesb.surrey.sch.uk](http://www.stcharlesb.surrey.sch.uk)). Printed copies are available on request from the school office (tel. 01932 842617 or email [info@stcharlesb.surrey.sch.uk](mailto:info@stcharlesb.surrey.sch.uk))

All policies should be read in conjunction with central policies of Xavier CET which can be viewed/downloaded from [xaviercet.org.uk](http://xaviercet.org.uk)