

YEAR 6

Term	Module	Session Title	Session Length	Curriculum Statements
Autumn 1	Shared Responsibilities	Racism and Diversity	1 hour	<ul style="list-style-type: none"> • L10. about prejudice; how to recognise behaviours/actions which discriminate against others; ways of responding to it if witnessed or experienced.
	Module 1 Unit 1	Story Sessions: Calming the Storm	5x 15 minutes sessions over 5 days	<ul style="list-style-type: none"> • We were created individually by God who cares for us and wants us to put our faith in Him. • Physically becoming an adult is a natural phase of life. • Lots of changes will happen during puberty and sometimes it might feel confusing, but it is all part of God's great plan and the results will be worth it!
Autumn 2	Module 1 Unit 2	Session 1: Gifts and Talents	45-60 minutes	<ul style="list-style-type: none"> • Similarities and differences between people arise as they grow and mature, and that by living and working together ('teamwork') we create community; • Self-confidence arises from being loved by God (not status, etc.).
		Session 2: Girls' Bodies	45-60 minutes	<ul style="list-style-type: none"> • That human beings are different to other animals; • About the unique growth and development of humans, and the changes that girls will experience during puberty; • About the need to respect their bodies as a gift from God to be looked after well, and treated appropriately;

				<ul style="list-style-type: none"> • The need for modesty and appropriate boundaries.
		Session 3: Boys' Bodies	45-60 minutes	<ul style="list-style-type: none"> • That human beings are different in kind to other animals; • About the unique growth and development of humans, and the changes that boys will experience during puberty; • About the need to respect their bodies as a gift from God to be looked after well, and treated appropriately; • The need for modesty and appropriate boundaries.
		Session 4: Spots and Sleep	45-60 minutes	<ul style="list-style-type: none"> • How to make good choices that have an impact on their health: rest and sleep, exercise, personal hygiene, avoiding the overuse of electronic entertainment, etc.
	British Values/Communities	Rule of Law	1 hour	<ul style="list-style-type: none"> • L2. to recognise there are human rights, that are there to protect everyone. • To understand that living under the rule of law protects individual citizens and is essential for their wellbeing and safety.
Spring 1	Module 1 Unit 3	Session 1: Body Image	45-60 minutes	<ul style="list-style-type: none"> • To recognise that images in the media do not always reflect reality and can affect how people feel about themselves • That thankfulness builds resilience against feelings of envy, inadequacy, etc. and against pressure from peers or media

		Session 2: Peculiar Feelings	45-60 minutes	<ul style="list-style-type: none"> To deepen their understanding of the range and intensity of their feelings; that 'feelings' are not good guides for action. That some behaviour is wrong, unacceptable, unhealthy or risky.
		Session 3: Emotional Changes	45-60 minutes	<ul style="list-style-type: none"> Emotions change as they grow up (including hormonal effects); To deepen their understanding of the range and intensity of their feelings; that 'feelings' are not good guides for action; About emotional well-being; that beauty, art, etc. can lift the spirit; and that also openness with trusted parents/carers/teachers when worried ensures healthy well-being.
		Session 4: Seeing Stuff Online	45-60 minutes	<ul style="list-style-type: none"> The difference between harmful and harmless videos and images; The impact that harmful videos and images can have on young minds; Ways to combat and deal with viewing harmful videos and images
	British Values	Mutual Respect and Tolerance	1 hour	<ul style="list-style-type: none"> To understand how multiculturalism and diversity play a big part in teaching us about respect.
Spring 2	Module 1 Unit 4	Session 1: Making Babies (Part 1)	45-60 minutes	<ul style="list-style-type: none"> How a baby grows and develops in its mother's womb.
		Session 2 Making Babies (Part 2) May be omitted or may be set as	45-60 minutes	<ul style="list-style-type: none"> Basic scientific facts about sexual intercourse between a man and woman;

		homework task with parents.		<ul style="list-style-type: none"> • The physical, emotional, moral and spiritual implications of sexual intercourse; • The Christian viewpoint that sexual intercourse should be saved for marriage. • *Optional. See your Programme Coordinator
		Session 3: Menstruation	45-60 minutes	<ul style="list-style-type: none"> • About the nature and role of menstruation in the fertility cycle, and that fertility is involved in the start of life; • Some practical help on how to manage the onset of menstruation.
Module 1 Unit 4		Session 4: Hope Beyond Death	60 minutes	<ul style="list-style-type: none"> • What 'death' means • About some feelings often connected with grief • What the Christian faith says about death and eternal life • Some ways to support themselves and others when they are grieving
		Session 5: Coping With Change (+Classroom Shorts)	60 minutes	<ul style="list-style-type: none"> • That there are many emotions and feelings connected with change. • That gratitude and positivity help build resilience. • Coping strategies to manage changes. • That God is always with them.
Economic Well-Being: Money		Year A: Sustainable Choices	1 hour	<ul style="list-style-type: none"> • L19. that people's spending decisions can affect others and the environment (e.g.

		Year B: World of Work	1 hour	<p>Fair trade, buying single-use plastics, or giving to charity)</p> <ul style="list-style-type: none"> To explore earnings, deductions and the choices that we make around spending and our lifestyle.
Summer 1	Module 2 Unit 2	Session 4: Build Others Up	60 minutes	<ul style="list-style-type: none">
	British Values	Democracy	1 hour	<ul style="list-style-type: none"> To recognise how democracy ensures that laws are passed fairly for the good of all. To recognise that not all peoples live as part of a democratic society.
Summer 2	Module 3 Unit 1	Session 1: The Holy Trinity	45-60 minutes	<ul style="list-style-type: none"> Children will know that God is Trinity - a community of persons Children will know that the Church is the Body of Christ.
		Session 2: Catholic Social Teaching	45-60 minutes	<ul style="list-style-type: none"> Children will develop a deeper understanding of Catholic Social Teaching, so that pupils are growing to be: Just, understanding that the way we live has an impact on others locally, nationally and globally Self-giving, able to put aside their own wants for the common good, serving all of humanity and caring for creation Equipped to calmly stand up for their faith, for friends and their community and for victims of injustice.

	Module 3 Unit 2	Session 1: Reaching Out	45-60 minutes	<ul style="list-style-type: none"> • Pupils will learn to apply the principles of Catholic Social Teaching to current issues. • Pupils will find ways in which they can spread God's love in their community.
	Module 3 Unit 2	Session 3: Money and Me (+Classroom Shorts)	60 minutes	<ul style="list-style-type: none"> • There are a wide variety of payment options. • The importance of budgeting and tracking spending and saving. • About the hierarchy of needs and other influences on spending choices. • Some people have more money than others. • God asks us to be good stewards of our money and resources
	British Values	Individual Liberty	1 hour	<ul style="list-style-type: none"> • To consider the impact that the choices people make have on ourselves and others.

Additional Objectives to be covered	Term covered in		
	Autumn	Spring	Summer
Economic wellbeing: Money L23. about the risks involved in gambling; different ways money can be won or lost through gambling-related activities and their impact on health, wellbeing and future aspirations			
Economic wellbeing: Aspirations, work and career L29. that some jobs are paid more than others and money is one factor which may influence a person's job or career choice; that people may choose to do voluntary work which is unpaid L32. to recognise a variety of routes into careers (e.g. college, apprenticeship, university)			

