

# St Charles Borromeo Catholic Primary School

## **Relationship and Sex Education (RSE)**

This presentation will cover two aspects:

1. What is RSE and why is it needed in a Catholic school?
2. An introduction to our teaching programme for RSE – A Journey in Love - and it's objectives, structure and content.

# What is RSE?



- RSE is the life long learning about physical, moral and emotional development.
- It is the understanding of the importance of marriage for family life, stable and loving relationships, respect, love and care.
- It is also about the teaching of sex, sexuality and sexual health.

# RSE at St Charles Borromeo



- RSE forms a part of the RE, PSHE Programme (Personal, Social and Health Education) and science curriculum.
- Our key objective is the well-being of the child.
- We believe parents are the prime educators of their children.
- The school, church and family will work together; our role as a school is to support you and not to replace you.

# Year 5/6 Science NC requirements



## **Statutory requirements**

Pupils should be taught to:

- describe the differences in the life cycles of a mammal, an amphibian, an insect and a bird
- describe the life process of reproduction in some plants and animals.

## **Notes and guidance (non-statutory)**

- Pupils should find out about different types of reproduction, including sexual and asexual reproduction in plants, and sexual reproduction in animals.

# Year 5/6 Science NC

## Animals, including humans



### **Statutory requirements:**

Pupils should be taught to:

- describe the changes as humans develop to old age.

### **Notes and guidance (non-statutory)**

- Pupils should draw a timeline to indicate stages in the growth and development of humans. They should learn about the changes experienced in puberty.
- Pupils could work scientifically by researching the gestation periods of other animals and comparing them with humans; by finding out and recording the length and mass of a baby as it grows.

# Right to Withdraw



- Parents have the right to withdraw their children from elements of sex education that are **not** in line with the National Curriculum for Science, however we strongly recommend inclusion.
- Parents may **not** withdraw their children from any aspects of Relationship and Health Education.

# SEND



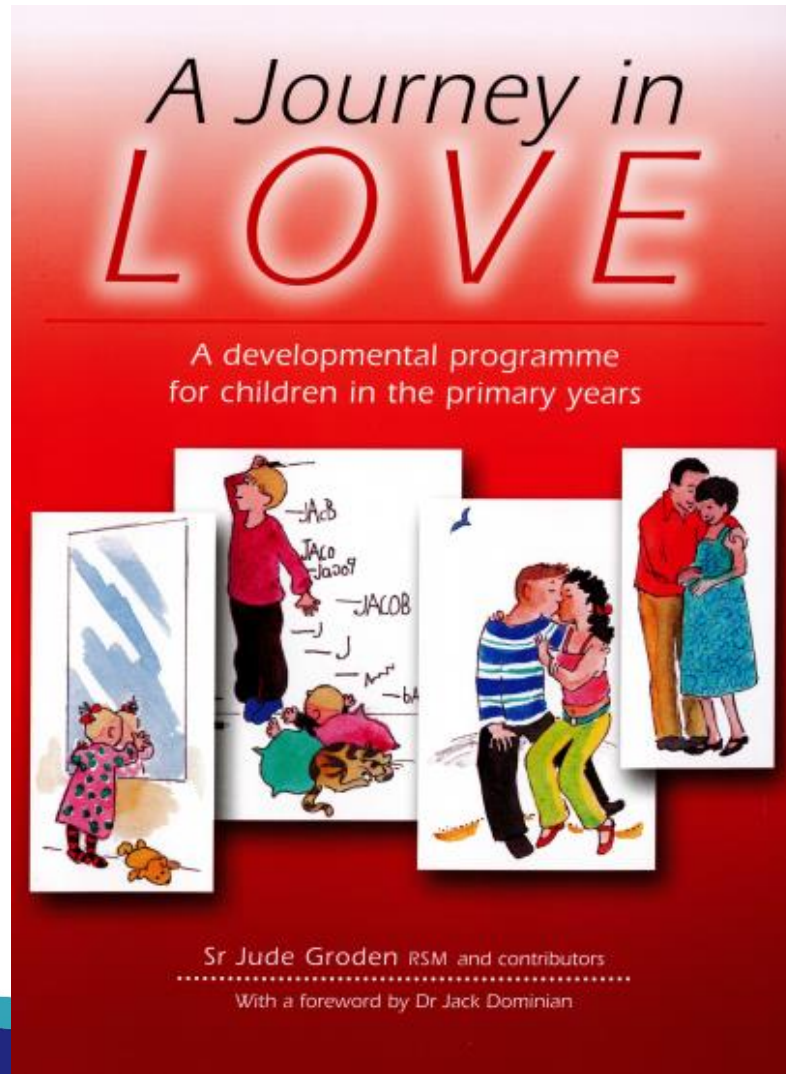
- We will ensure that RSE & Health Education is accessible for all pupils including those with Special Education Needs &/or Disability - SEND.
- We are aware that some pupils are more vulnerable, due to the nature of their SEND, and we will tailor content and teaching to their specific needs.



# A Journey in Love



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# A Journey in Love



- Journey in Love is the diocesan approved teaching resource for RSE.
- At the heart of this resource is the belief that we are made in the image and likeness of God. To be made in His likeness means to be a person in relationship with ourselves and others; it is in the context of relationship that our sexuality grows and develops.
- In order that children may grow and flourish healthily and holistically towards successful relationships, they must be at ease with themselves and deepen their self-knowledge.

# A Journey in Love



The programme teaches that:

- The journey begins at the moment of our conception and that God is at the heart of all love.
- Puberty can be an extremely confusing time for children, our message will be that even in this confusion, God is there.
- The Sacrament of marriage publicly declares the commitment of each spouse to the other, in acknowledgement that it is God-given.

# The structure of A Journey in Love



The programme is made up of three areas:

- Social and emotional
  - Physical
  - Spiritual

Each area is broken down into:

- Introduction and content
  - Activities
  - Pause & Reflect
  - Prayer and Sing
- Throughout the programme, the vocabulary builds on the previous year and will be reinforced.

# Early Years

## JOURNEY IN LOVE - AIMS, KEY WORDS AND KEY SKILLS



YEAR GROUP	AIMS	KEYWORDS	KEY SKILLS
Early Years	<ul style="list-style-type: none"><li>• To explore the wonder of being special and unique.</li><li>• To recognise that we are all different and unique.</li><li>• To celebrate the joy of being a special person in God's family.</li></ul>	God, wonder, love, hands, fingers, nails, faces, noses, lips, ears, hair, features, colour, shape, size, unique, belonging, different, special womb, describe, friends, generous, worried and Baptism.	Listening, sharing, speaking, respecting, observing, praying, relating, celebrating and creating.



# Year 1



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HOOL

## JOURNEY IN LOVE - AIMS, KEY WORDS AND KEY SKILLS



YEAR GROUP	AIMS	KEYWORDS	KEY SKILLS
Year 1	<ul style="list-style-type: none"><li>To focus on families and specially growing up in a loving, secure and stable home.</li><li>To recognise how I am care for and kept safe in my family.</li><li>To celebrate the ways that God loves and cares for us.</li></ul>	Unique, friend, respect, secure, God, love, care, commitment, stable, important, different, special, signs, healthy, safe, boundaries, kindness, teasing, bullying, positive, negative, wrong, unacceptable, truth, lies, head, eyes, nose, mouth, teeth, tongue, throat, neck, shoulders, arms, breasts, nipple, waist, elbows, penis, vagina, bottom, legs, knees, ankles, feet and toes.	Listening, observing, relating, <u>speaking</u> , respecting, praying, reflecting, understanding, recognising, supporting, celebrating and deciding.



# Year 2



## JOURNEY IN LOVE - AIMS, KEY WORDS AND KEY SKILLS



YEAR GROUP	AIMS	KEYWORDS	KEY SKILLS
Year 2	<ul style="list-style-type: none"><li>• To describe how we are growing and developing in diverse communities that are God-given</li><li>• To describe ways of being safe in communities.</li><li>• To celebrate ways of meeting God in our communities.</li></ul>	Community, local, global, impact, responsibility, harm, improve, God-given, belonging, family, diverse, father, mother, carer, guardian, feelings, recognise, emotions, friendships, relationships, secrets, stereotypes, respect and equal.	Listening, observing, relating, speaking, respecting, praying, reflecting, understanding, describing, recognising, informing and forgiving.





# Year 3



## JOURNEY IN LOVE - AIMS, KEY WORDS AND KEY SKILLS

YEAR GROUP	AIMS	KEYWORDS	KEY SKILLS
Year 3	<ul style="list-style-type: none"><li>• To describe and give reasons for how we grow in love, in caring and happy friendships where we are safe and secure.</li><li>• To describe and give reasons why friendships can break down, how they can be repaired and strengthened.</li><li>• To celebrate the joy and happiness of living in friendship with God and others.</li></ul>	Community, God-given, belonging, family, diverse, father, mother, carer, guardian, feelings, emotions, friends, loyalty, kindness, trust, selfless, generous, reasons, difficulties, positive and respectful.	Listening, observing, relating, <u>speaking</u> , respecting, praying, reflecting, understanding, describing, articulating, welcoming and choosing wisely.



# Year 4



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SCHOOL

## JOURNEY IN LOVE - AIMS, KEY WORDS AND KEY SKILLS



YEAR GROUP	AIMS	KEYWORDS	KEY SKILLS
Year 4	<ul style="list-style-type: none"><li>• To make links and connections to show that we are all different.</li><li>• To celebrate these differences as we appreciate that God's love accepts us as we are now and as we change.</li><li>• To describe how we should treat others, making links with the diverse modern society we live in.</li><li>• To celebrate the uniqueness and innate beauty of each of us.</li></ul>	God, gifts, talents, difference, development, change, stereotype, acceptance, cultural, biological, respect, courtesy, manners, sensitivity, religious, belief, bullying, polite, uniqueness, innate, beauty and dignity.	Respecting, encouraging, recognising, appreciating, celebrating and relating.



# Year 5



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## JOURNEY IN LOVE - AIMS, KEY WORDS AND KEY SKILLS

YEAR GROUP	AIMS	KEYWORDS	KEY SKILLS
Year 5	<ul style="list-style-type: none"><li>• To show a knowledge and understanding of how we grow in awareness of the physical and emotional changes that accompany puberty - sensitivity, mood swings, anger, boredom etc. and grow further in recognising God's presence in our daily lives.</li><li>• To show knowledge and understanding of the physical changes in puberty.</li><li>• To celebrate the joy of growing physically and spiritually.</li></ul>	God, sensitivity, adolescence, puberty, presence, celebrate, external, internal, change, sensitivity, mood swings, develop, ovulation, biological, respect, reproduction, menstrual cycle, period, sanitary towels, tampons, hormones, pituitary gland, breasts, uterus, fertilised ovum, fallopian tube, genitals, pubic area, vagina, ovary, cervix, womb, penis, testicles, urethra, scrotum and sperm,	Respecting, adapting, relating, <u>developing</u> , considering, supporting, deciding, accepting and helping.

# Year 6



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## JOURNEY IN LOVE - AIMS, KEY WORDS AND KEY SKILLS

YEAR GROUP	AIMS	KEYWORDS	KEY SKILLS
Year 6	<ul style="list-style-type: none"><li>• To develop a secure understanding of what stable, caring relationships are and the different kinds there may be.</li><li>• To explain how human life is conceived.</li><li>• To show an understanding of how being made in the image and likeness of God informs decisions and actions when building relationships with others, including life-long relationships.</li></ul>	God, Christian, appropriate, dignity, relationship, fiancé, fiancée, marriage, sexuality, intercourse, fallopian, conceive, vagina, uterus, ovary, egg, cervix, sperm duct, penis, testicle and scrotum.	Categorising, observing, classifying, listening, questioning, speaking, relating, respecting, reflecting, thinking, identifying, accepting, empathising, understanding, communicating, presenting, evaluating and researching,

# Any questions/comments?



If you would like to see The Journey in Love book, please contact your class teacher.

Should you have any other queries, please contact Mrs. Brown.

Thank you for taking the time to read this presentation.