

Module	Session Title	Session Length	Curriculum Statements
Module 1 Unit 1	Story Sessions: Get Up!	5x 15 minutes over 5 days	<ul style="list-style-type: none"> • We are created individually by God who is Love, designed in His own image and likeness; • God made us with the desire to be loved and to love and 'to make a difference': each of us has a specific purpose (vocation); • Every human life is precious from the beginning of life (conception) to natural death; • Personal and communal prayer and worship are necessary ways of growing in our relationship with God; • In Baptism God makes us His adopted children and 'receivers' of His love; by receiving the Sacrament of Reconciliation, we develop good habits (grow in human virtue); • It is important to make a nightly examination of conscience.
	Session 2: The Sacraments	45 minutes	<ul style="list-style-type: none"> • That in Baptism God makes us His adopted children and 'receivers' of His love. • That by regularly receiving the Sacrament of Reconciliation, we grow in good deeds (human virtue).
Module 2 Unit 1	Story Session: Jesus my Friend	5x 15 minutes over 5 days	<ul style="list-style-type: none"> • That Jesus loves, embraces, guides, forgives and reconciles us with him and one another; • The importance of forgiveness and reconciliation in relationships, and some of Jesus' teaching on forgiveness;

			<ul style="list-style-type: none"> • That relationships take time and effort to sustain; • We reflect <i>God's</i> image in our relationships with others: this is intrinsic to who we are and to our happiness.
Module 2 Unit 2	Session 1: Friends, Family and Others...	45 minutes	<ul style="list-style-type: none"> • Ways to maintain and develop good, positive, trusting relationships; strategies to use when relationships go wrong; • That there are different types of relationships including those between acquaintances, friends, relatives and family; • That good friendship is when both persons enjoy each other's company and also want what is truly best for the other; • The difference between a group of friends and a 'clique'.
	Session 2: When Things Feel Bad	45 minutes	<ul style="list-style-type: none"> • Develop a greater awareness of bullying (including cyber-bullying), that all bullying is wrong, and how to respond to bullying; • Learn about harassment and exploitation in relationships, including physical and emotional abuse and how to respond.
Module 2 Unit 3	Session 1 : Sharing Online	45 minutes	<ul style="list-style-type: none"> • To recognise that their increasing independence brings increased responsibility to keep themselves and others safe; • How to use technology safely; • That just as what we eat can make us healthy or make us ill, so what we watch,

			<p>hear, say or do can be good or bad for us and others;</p> <ul style="list-style-type: none"> • How to report and get help if they encounter inappropriate materials or messages.
	Session 2: Chatting Online (+Classroom Shorts - LTTFP)	45 minutes	<ul style="list-style-type: none"> • How to use technology safely; • That bad language and bad behaviour are inappropriate; • That just as what we eat can make us healthy or make us ill, so what we watch, hear, say or do can be good or bad for us and others; • How to report and get help if they encounter inappropriate materials or messages.
Module 2 Unit 4	Session 3: Safe In My Body (+Classroom Shorts - LTTFP)	45 minutes	<ul style="list-style-type: none"> • To judge well what kind of physical contact is acceptable or unacceptable and how to respond; • That there are different people we can trust for help, especially those closest to us who care for us, including our teachers and parish priest.
	Session 4: Drugs, Alcohol and Tobacco	45 minutes	<ul style="list-style-type: none"> • Medicines are drugs, but not all drugs are good for us. • Alcohol and tobacco are harmful substances. • Our bodies are created by God, so we should take care of them and be careful about what we consume.

	Session 5: First Aid Heroes	45 minutes	<ul style="list-style-type: none"> • In an emergency, it is important to remain calm. • Quick reactions in an emergency can save a life. • Children can help in an emergency using their First Aid knowledge.
Module 2 Unit 4	Session 4: Rights and Responsibilities (+Classroom Shorts - LTTFP)	40 minutes	<ul style="list-style-type: none"> • It is our responsibility to follow the rules at home, school and in our country. • Some of our rules and laws are based on our rights. • Rights protect us and ensure everyone is treated equally. • Rules and rights are based on our values as a community. • Our Christian/Gospel values promote the dignity and equality of all because we are all loved children of God.
Module 3 Unit 1	Session 1: A Community of Love	30 minutes	<ul style="list-style-type: none"> • God is Love as shown by the Trinity - a 'communion of persons supporting each other in their self-giving relationship'; • The human family is to reflect the Holy Trinity in mutual charity and generosity.
	Session 2: What is the Church?	45 minutes	<ul style="list-style-type: none"> • That the human family is to reflect the Holy Trinity in mutual charity and generosity; • The Church family comprises of home, school and parish (which is part of the diocese).
Module 3 Unit 2	Session 1: How Do I Love Others?	50 minutes	<ul style="list-style-type: none"> • To know that God wants His Church to love and care for others.

			<ul style="list-style-type: none"> • To devise practical ways of loving and caring for others.
Module 3 Unit 2	Session 2 Working Together (+Classroom Shorts)	40 minutes	<ul style="list-style-type: none"> • To know that there are many different jobs and types of work. • To understand some of the factors that influence people's choice of work. • To explore their own interests, skills and gifts in relation to their job aspirations. • To know that God calls us to work together to share His love and care for each other and the world.

British Values Teaching

Mutual Respect and Tolerance

- To understand the meaning of prejudice; how to recognise behaviours/actions which discriminate against others; ways of responding to it if witnessed or experienced.
- To understand how multiculturalism and diversity play a big part in teaching us about respect.

Rule of Law

- To recognise there are human rights, that are there to protect everyone.
- To understand that living under the rule of law protects individual citizens and is essential for their wellbeing and safety.

Democracy

- To recognise how democracy ensures that laws are passed fairly for the good of all.
- To recognise that not all peoples live as part of a democratic society.

Individual Liberty

- To consider the impact that the choices people make have on ourselves and others.