

DAILY PRAYERS

Start of the day prayer

Oh my God I give to you
All that I think and say and do,
All my work and all my happy play,
I will give to God today.
Amen.

Before Lunch:

Bless us oh Lord,
Bless this food and those who have prepared it for us
Through Christ our Lord.
Amen.

After Lunch:

Thank you for the food we eat,
Thank you for the world so sweet,
Thank you for the birds that sing,
Thank you God for everything.
Amen.

Home-time prayer:

O my God,
I've come to say,
Thank you for your love today.
Thank you for my family and all the friends you give to me.
Guard me in the dark of night and in the morning, send your light.
Amen