



St. Charles Borromeo
CATHOLIC PRIMARY SCHOOL
AND NURSERY

PSHE

**STATEMENT FOR THE TEACHING OF
PERSONAL, SOCIAL, HEALTH AND ECONOMIC
EDUCATION**

Last reviewed January 2026



Part of the Xavier Catholic Education Trust

St Charles Borromeo Mission Statement

We will **grow** in our Catholic faith by praying and worshipping together.

We will work hard so that we can **learn** and be the best that we can be.

We will **work** together in our families, school, and parish and with those both near and far to make our world a better place for us all.

We will **follow** the example of Jesus and his teachings in all that we say and do.

PSHE STATEMENT

Personal, Social, Health and Economic Education (PSHE) will be taught in line with our Teaching and Learning Policy and making reference to the SEN and Assessment policies.

OBJECTIVES

The objectives for this subject will be as follows:

Our PSHE programme will support the development of the skills, attitude, values and patterns of behaviour, which will enable pupils to:

- Have a sense of purpose
- Value self and others
- Form relationships
- Make and act on informed decisions
- Communicate and express feelings through pupil voice and peer mediation.
- Work effectively with others
- Respond to challenge
- Be an active partner in their own learning
- Become healthy and fulfilled individuals.
- Develop an understanding of how core values guide our lives and relationships with peers, family, local community and the wider world
- Demonstrate a good understanding of British Values

ORGANISATION

At St Charles Borromeo School we follow the [Life to the Full Connect Programme from Ten:Ten: Ten:Ten Resources is a family-run, award-winning organisation that has been working in Catholic education for over 15 years, using story and drama to speak to hearts and minds. Originally founded as a theatre-in-education](#)

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company, Ten:Ten Resources has grown into a widely-used and highly-regarded educational and film company.

~~which is based on a model called DNA-V which stands for – Discover, Noticer, Advisor and Values. Research shows that children’s emotional resilience improves when they learn these key skills. DNA-V exercises help children learn to use these skills in relation to how they see themselves and the social world.~~

Approved by the Diocese, the programme sets out ten principles for Catholic Relationships Education:

1. Our bodies are good
2. Through loving relationships we become close to the image and likeness of God
3. Catholic Relationships Sex and Health Education (RSHE) is about the whole person
4. Catholic RSHE should be taught in partnership with parents
5. Our deepest identity is as a child of God
6. Story can change hearts and minds
7. Catholic RSHE is an education in virtue
8. Catholic RSHE is an education in conscience
9. Relationship education is about striving for the common good
10. Prayer, Scripture and the Sacraments underpin the teaching

~~Teachers have access to the lesson plans and resources that help them to deliver the programme. In addition to this, we ensure that we follow the guidance given by the Diocese. –The Life to the Full Plus programme includes:~~

- ~~• Over 80 lesson plans for EYFS to Year 6~~
- ~~• High-quality videos created by Ten: Ten specifically for UK-based Catholic primary schools~~
- ~~• Parent Online Parent Portal for links to home~~

This is supplemented with values-led education and British values education. It is also taught through circle time activities and through a cross curricular, integrated approach, for example in R.E. and Science.

Assemblies support the delivery of PSHE through planned themes and are used to focus on specific themes.

CURRICULUM ENRICHMENT

Enrichment activities support the teaching of PSHE, for example, the residential experiences in Years 4-6 makes an important contribution to the pupils’ personal and social development.

In addition to this, there are a range of workshops/visitors/school trips/themed days/weeks linked to all areas of PSHE, equality and diversity. Examples being:

Internet safety workshops
Anti-bullying Week
Disability Awareness
Financial awareness

Details of enrichment activities are kept by the PSHE Lead.

MENTALLY HEALTHY SCHOOLS

We are committed to ensuring that all children in our school will understand the importance of mental health and emotional wellbeing, and how to support themselves and others. Through our PSHE curriculum and enrichment activities, they develop skills to identify and manage their emotions, as well as being equipped with tools to help them to cope both now and in the future.

PUPIL INVOLVEMENT/CONSULTATION

Pupils will be consulted on their own personal and social development through the School Council and ~~subject lead~~~~coordinator~~ monitoring. A buddying system is in place at the school which involves pupils from Year 5 monitoring Reception/KS1 at playtimes. WOW Wednesday playtimes each week allow children from KS1 and KS2 to play together in a range of activities, encouraging co-operative play as well as allowing KS2 to act as positive role models to our younger children through game play, turn taking, respectful use of equipment etc.

RELATIONSHIP AND SEX EDUCATION

At St Charles Borromeo, we teach Sex Education based on the teachings of our Catholic faith. The subject is taught using Diocesan guidance and is supported by ~~the Life to the Full~~~~The Journey in Love~~ programme. Parental permission is sought prior to ~~specific modules~~~~the start of the course~~ and parents have the right to withdraw their child from the sessions should they choose to. Further information regarding the teaching of Relationship and Sex Education is provided in the Policy for Relationship and Sex Education and through the curriculum documents from the Catholic Education Service (CES) and the diocese.

BRITISH VALUES

We ensure that, in line with requirements, the fundamental British Values of democracy, the rule of law, individual liberty and mutual respect and tolerance of those with different faiths and beliefs are promoted to our children. British Values are promoted within the curriculum, both discreetly and through cross curricular work in subjects such as R.E. Assemblies are also used to help the children to know how they can live them in their everyday lives. In addition to this, they are promoted through curriculum enrichment, with specific themed weeks and visitors e.g. UK Parliament and Justice Week.

RESOURCES

Each teacher has access to the ~~Life to the Full Connect~~ Programme, diocesan guidance and curriculum. Additional resources, including those for the teaching of our core values, are stored on the server and with the coordinator. Resources to support the delivery of assemblies are stored in the staff room. The ~~subject lead~~~~co-ordinator~~ is responsible for monitoring and updating these resources.

SPECIAL EDUCATIONAL NEEDS

A wide variety of strategies are used by teachers in order for each child to participate in PSHE lessons to the best of their ability. [The Life to the Full Programme gives specific guidance on how resources can be adapted.](#)

ASSESSMENT AND RECORDING

Teacher assessment will be the principal method for assessing PSHE.

HEALTH AND SAFETY

Where there are Health and Safety implications, the children will be informed of these and closely supervised.

Any additional policies referred to can be viewed/downloaded from the school website (www.stcharlesb.surrey.sch.uk). Printed copies are available on request from the school office (tel. 01932 842617 or email info@stcharlesb.surrey.sch.uk)

All policies should be read in conjunction with central policies of Xavier CET which can be viewed/downloaded from xaviercet.org.uk