



## Curriculum Intent, Implementation and Impact Statement

### Personal, Social, Health and Emotional (PSHE)

#### Intent

Through the teaching of PSHE, we aim to promote emotional wellbeing and resilience. We also recognise the importance of both physical and mental good health and these are taught and promoted through this subject. In addition to this, we want to ensure that by the time our children leave St Charles, they have become confident, independent and reflective individuals, who are prepared with the skills that they need for the next part of their life journey and that this subject will have equipped them with the knowledge, understanding and emotions to be able to play an active, positive and successful role in today's diverse society.

At St. Charles school, we want our children to understand that it is okay to make mistakes, as long we learn from them. We provide our children with opportunities for them to learn about rights and responsibilities and appreciate what it means to be a global citizen. Our children are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community.

#### Implementation

At St Charles Borromeo School we follow the Life to the Full Programme from Ten:Ten. Ten:Ten is a family-run, award-winning organisation that has been working in Catholic education for over 15 years, using story and drama to speak to hearts and minds. Originally founded as a theatre-in-education company, Ten:Ten Resources has grown into a widely-used and highly-regarded educational and film company.

#### Approved by the Diocese, the programme sets out ten principles for Catholic Relationships Education:

1. Our bodies are good
2. Through loving relationships we become close to the image and likeness of God
3. Catholic Relationships Sex and Health Education (RSHE) is about the whole person
4. Catholic RSHE should be taught in partnership with parents
5. Our deepest identity is as a child of God
6. Story can change hearts and minds
7. Catholic RSHE is an education in virtue



8. Catholic RSHE is an education in conscience
9. Relationship education is about striving for the common good
10. Prayer, Scripture and the Sacraments underpin the teaching

The Life to the Full Plus programme includes:

- Over 80 lesson plans for EYFS to Year 6
- High-quality videos created by Ten:Ten specifically for UK-based Catholic primary schools
- Parent Online Parent Portal for links to home

This is supplemented with enrichment activities and British values education. It is also taught through circle time activities and through a cross curricular, integrated approach, for example, in R.E. and Science.

Assemblies support the delivery of PSHE through planned themes and are used to focus on specific themes.

PSHE is taught at St Charles as a subject in its own right, but where possible, links are made to other subjects. In particular links are made to RE, RSE, PE and science, where children are taught about the importance of healthy relationships, sex education, healthy living and the need for good nutrition.

There is one PSHE lesson per week and it is taught by the class teacher.

## **Impact**

Our children and staff value well-being, mental health and good citizenship. Through our curriculum, we believe that we prepare children for the next stage in their education as well as preparing them, during this vital stage of their life, for the adult world.

The Ten:Ten programme is high quality, well thought out and is planned to demonstrate progression. The impact of our PSHE curriculum will be:

- Children will live out the Gospel values and virtues such as love, peace, courage, honesty, forgiveness and justice.
- Children will develop positive and healthy relationships with peers both now and in the future.
- Children will understand the physical aspects involved in RSE at an age appropriate level.
- Children will have respect for themselves and others.
- Children will demonstrate and apply the British Values of democracy, tolerance, mutual respect, rule of law and individual liberty.



- Children will demonstrate a healthy outlook towards school – attendance will be in-line with national and behaviour will be good.
- Children will achieve age related expectations across the wider curriculum.

The PSHE curriculum co-ordinator reviews the implementation and impact of the resources to allow us to develop a good picture of how effective it is in delivering the outcomes that we want for our children. The impact of learning in PSHE will be measured through a range of approaches including pupil voice, feedback from staff and examples of children’s learning.

In addition to this, we would expect to see our children demonstrate positive behaviours and attitudes, and to be able to make successful transitions between year groups, key stages and on into secondary school and beyond.