Current issues…

wordle.net

Babcock 4S

St. James
C. of E. Primary School

Online Safety Guidance for Parents and Carers

Steve Clarke

Computing & ICT Consultant,

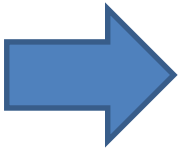
Online Safety Advisor, Babcock 4S

About this session…

- Raise awareness of online risks
- Identify resources to support you
- Offer practical ideas and tools to help you to stay in control

Online Safety – a shift in perspective

Reliance on filtering & removal of hazards



- Learners managing online risk & developing resilience
- Professionals understanding the "online world of the child"
- All equipped with the skills to make safe and responsible decisions online

Babcock 4S

WHAT IS DIGITAL RESILIENCE?

A child who is digitally resilient will be able to:

- Understand when they are at risk online
- Know what to do to seek help

- Learn from experience
- Recover when things go wrong

This involves:

- Recognising potentially risky scenarios.
- Understanding how to deal with them.
- Using these experiences to adapt what they do online in the future.

"Digital resilience grows through online use and learned experience"

https://parentinfo.org/article/digital-resilience-a-parents-guide

Babcock 4S

NSPCC Report
June 2017

44% rise in child sex offences involving the internet in the last year

Online child sex offences: the statistics

Recent figures show:

- 5,653 child sex crimes committed against children in 2016/17 had an online element[2]
- increase of 44% from 2015/16[3]
- 13 was the most common age of the targeted child (where recorded)
- nearly 100 offences were committed against children 10 and under
- the youngest child recorded was 3 years old.

http://tinyurl.com/yaebk72v

Babcock 4S

YOLO! How many do you know?

99

Parents out of room

FOMO

Fear of missing out

KMS

Kill myself

WTTP

Want to trade pictures?

MIA

Bulimia

(L)MIRL

Let's meet in real life

ASL(P)

Age, sex, location, photo

GNOC

Get naked on camera

http://home.bt.com/tech-gadgets/quiz-how-well-do-you-know-internet-slang-11364135427201?utm_content=buffarc037a&utm_medium=social&utm_source=twitter.com&utm_campaign=buffer

Babcock 4S

KNOWLEDGE

Many children pick up technology quickly

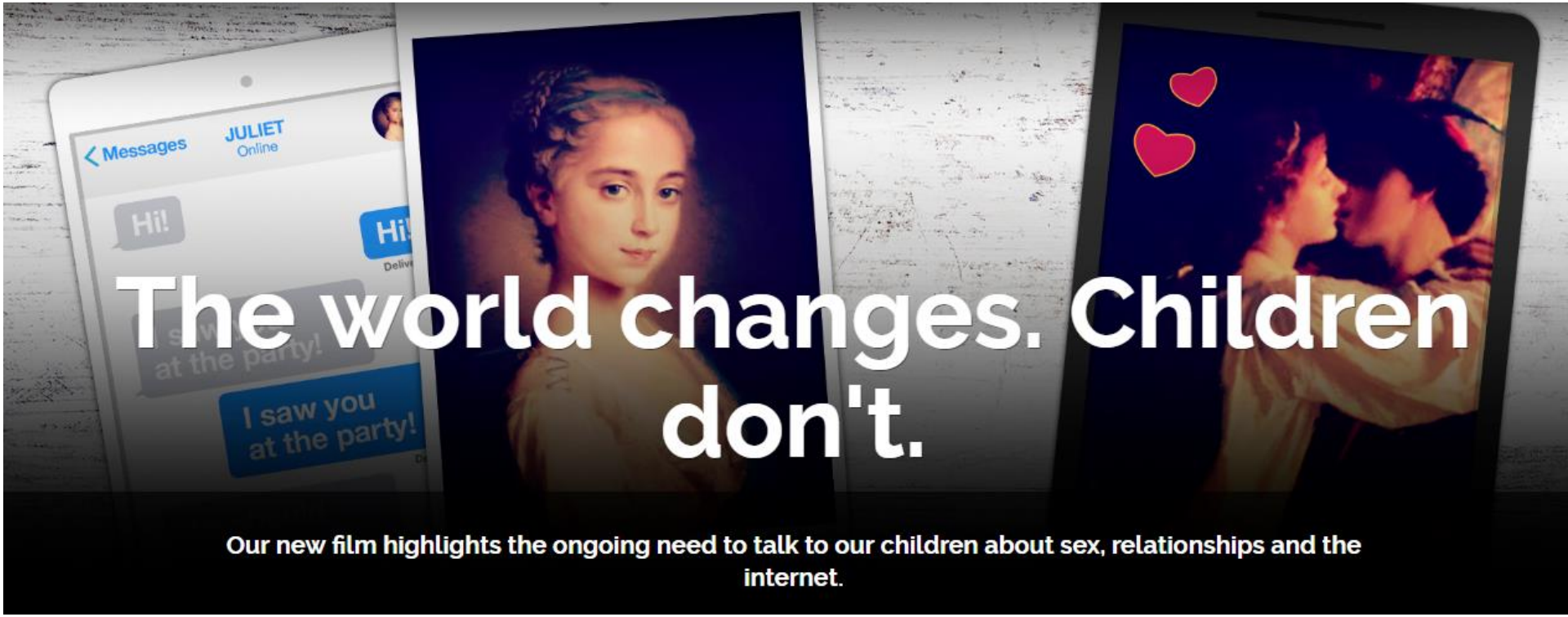
VS

WISDOM

Understanding how to behave in a virtual world

Babcock 4S

https://thinkuknow.co.uk/parents/Romeo_and_Juliet/



Babcock 4S

What are the risks online?

Conduct

Behaviour

of teenagers have posted information online they later regretted [3]

- Digital footprint
- Respect and manners
- Who can view their content?
- Keeping their personal information safe

Girls face an intensification of the 'image-focused' pressures that exist in the offline world

…Getting an acceptable number of 'likes' and positive comments was very important and they put a lot of effort into curating their online image. 'Selfies' and other images were an important way of portraying their identity, but putting stuff up about their interests, hobbies or passions was less usual, as they did not want to mark themselves out as different, or push the boundaries of social norms.

http://www.saferinternet.org.uk/research

Babcock 4S

The pressures on boys are more about acting ‘tough’ or being ‘laddish’

While some boys did post selfies, this was less common than with girls. Boys appeared to be subject to pressures around testing boundaries, and social media seemed to provide a space where male friendship groups might act more 'tough' and rude than they would in real life. This was enhanced by the fact that many of them participated in large group-chat functions on social media, through services like Facebook messenger and WhatsApp.

http://www.saferinternet.org.uk/research

Babcock 4S

“Life in Likes” Children’s Commissioner Report

- Explores the effects of social media on **8-12** year olds
- When children get to **Year 7** children find social media increasingly hard to manage:
  - Need for social validation
  - Anxiety about their online image
  - Social pressure to be constantly connected
  - Concerns over ‘sharenting’

https://www.childrenscommissioner.gov.uk/publication/life-in-likes/

Babcock 4S

“Life in Likes” Recommendations

- Digital literacy education needs broadening, with a focus on the primary to secondary transition
- Increase parental understanding about how children’s use of social media changes with age
- Social media companies need to recognise the needs of under 13s who use their services

Babcock 4S

Content

Concerns

of children worry about coming across pornographic, violent or other unsuitable content

3

- 18 Adult or illegal content
- Hurtful and harmful content
- Reliable information
- Illegal downloading

Safe searching

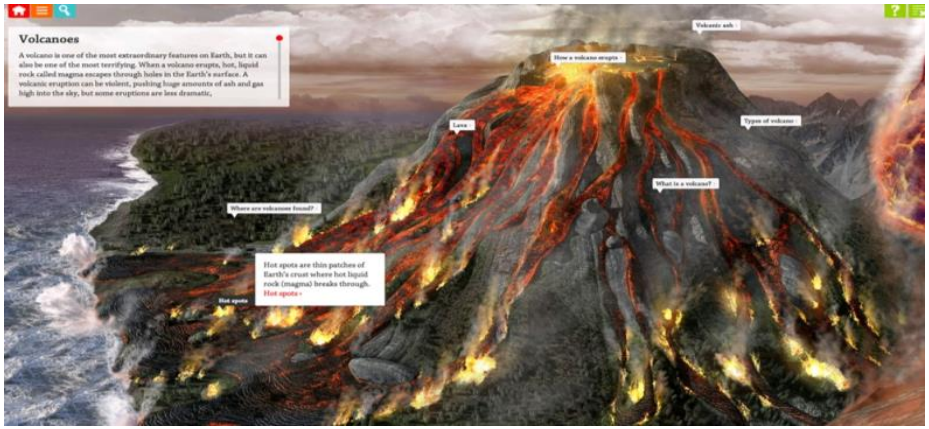
- Uses Google Custom Search with Safe Search functionality

Babcock 4S

DK findout!

What do you want to find out?

Q-files.com



- Effective, engaging online encyclopaedias
- Support independent research & learning

Babcock 4S

https://www.q-files.com/

Babcock 4S

Contact

Relationships

of the online friends of children aged 12 to 15 are not personally known to them [3]

- Online friends
- Privacy settings
- Grooming
- Online bullying

http://youtu.be/RHgXOCDVWOw

Babcock 4S

- The internet was used as a gateway by offenders to commit more than 3,000 sex crimes against children last year

- The offences…included sexual assaults, grooming victims before meeting them, inciting children to take part in a sex act and over 100 rapes during 2015/16.

- Most victims were 13 year olds (535), but there were 272 victims under 10

https://www.nspcc.org.uk/what-you-can-do/events/how-safe-conference-2016/

Babcock 4S

BECKY - aged 10
D.O.B:
2nd Feb 98
Address:
32 London Rd,
Kettering, NL22 8LG
Phone number:
07788889932
Email address:
XBecky_is_A_starX@
hotmail.co.uk
Likes:
My friends, my family,
laughing, hanging out
in park with my friends,
eating pizza, my skool
- Mayville Rocks!!!
Dislikes:
Sprouts, cryin', people
who says mean stuff,
the dark, anything scary!
Music:
Mcfly - best band ever!!!
Films:
High School Musical,
Juno, Kungfu Panda
Hairspray! (I love films)

Babcock 4S

Commercialism

- £ Advertising
- In-app purchases
- X Pop ups
- Spam

Privacy

of apps send information about the device and user habits to a third party[1]

Earn di
Now TV Entertainment Pass: Try it for £6.99 a month
158
$ | Complete a quick action.
NOW TV from Sky - Free 30 day trial
118
FREE | Complete a quick action.
My Singing Monsters
Watch the Walking Dead: Road to Survival Video!
1
FREE | Watch a video
Sign Up for Wowcher - Your One Stop Shop for Daily Deals!
9
FREE | Sign Up Now!
Vistaprint - Get 100 FREE business cards!
277
$$ | Make a purchase
Get 25% off a customised photo mug with Vistaprint!
277
$$ | Make a purchase
Win £2,500 to Spend at Primark!
15
FREE | Complete a quick action.
Prove your brainpower: Answer 10 questions and get your reward!
1
FREE | Complete a quick action.
£ 500 Groceries
CLICK HERE
Subscribe for the chance to win £500 in ASDA vouchers!
118
$ | Complete a quick action.
Visit Tapjoy.com for a Huge Payout!
1
FREE | Check it out!
Tapjoy
Missing diamonds?

MONITORING & RESTRICTING ACCESS

Babcock 4S

Family Agreements from Childnet

http://www.childnet.com/blog/family-agreement

Internet Service Provider (ISP) Filtering

- **What parental controls does your ISP provide?**

- Big four ISPs; BT, Talk Talk, Virgin & Sky

BT Family Protection
McAfee

TalkTalk HomeSafe

sky

Look out for this →

digital
Friendly WiFi

Babcock 4S

www.internetmatters.org

What are your children doing online?

Learn more about the activities, technologies and sites they may be visiting

apps guide for parents

Share Tweet Mail

Although child-friendly apps can make using the internet a more accessible a
enjoyable experience, the thousands of apps available for different types of p
mean it's important to make sure children use appropriate ones.

Chat and Play

The app offers a virtual world that might be appealing to children due to its cartoon-like customisation. You can create your own avatar as well as customising your own chatroom.

Skype

Skype allows yo
internet connect
allows the trans
another.

Telegram

Telegram is an app available on both mobile and desktops, allowing free and safe messages for the sender. The app encrypts messages and gives you the ability to destroy them if unwanted.

Viber

You can make f
free-of-charge a
other person's p
message anothe
telephone numb

WeChat

WeChat is a voice and text messaging app with location and Bluetooth functionalities. WeChat

Whatsap

Free-of-charge,
images and vide

as a parent to keep them as safe as possible.

0-5

READ THE GUIDE

6-10

READ THE GUIDE

11-13

READ THE GUIDE

14+

READ THE GUIDE

E-safety advice and 'how-to' guides

Facebook Privacy Checkup tips

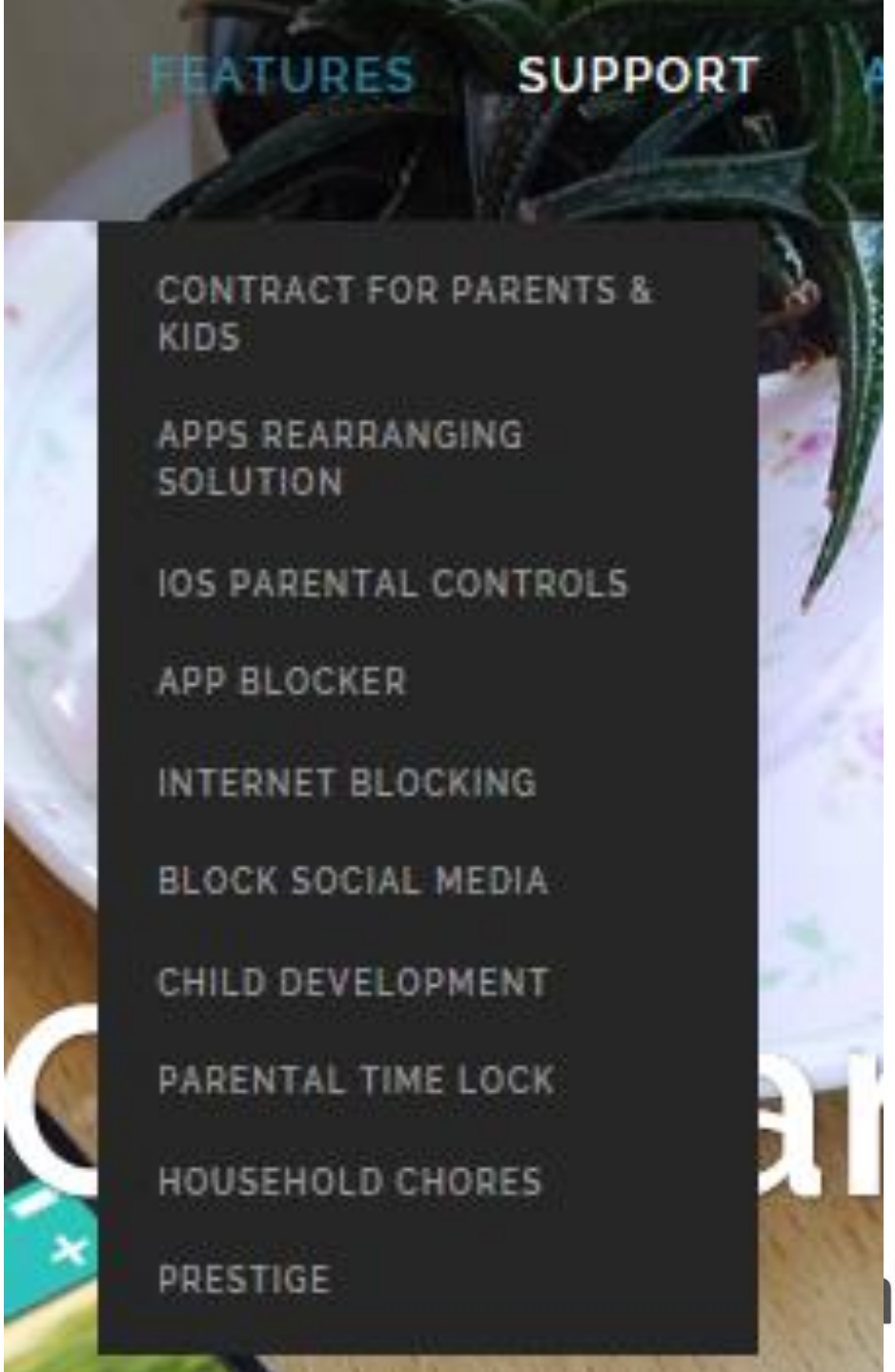
Learn more about Musical.ly app

Facebook Messenger safety guide

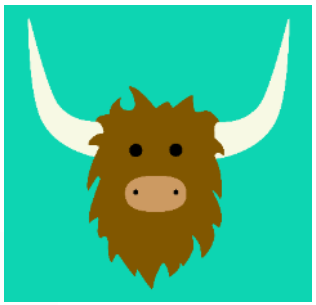
Babcock 4S

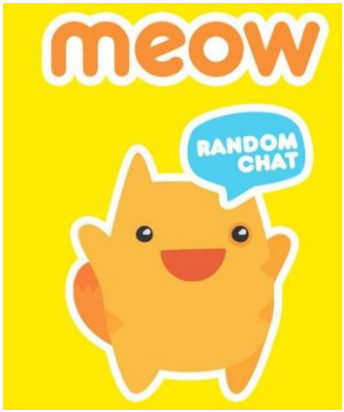
http://ourpact.com/

Babcock


FEATURES
SUPPORT
CONTRACT FOR PARENTS & KIDS
APPS REARRANGING SOLUTION
IOS PARENTAL CONTROLS
APP BLOCKER
INTERNET BLOCKING
BLOCK SOCIAL MEDIA
CHILD DEVELOPMENT
PARENTAL TIME LOCK
HOUSEHOLD CHORES
PRESTIGE

Recognise these? 13+





A risky business?

- **Chatting with strangers**
- **Sharing a location**
- **Sharing information**
- **Online bullying**
- **Hiding content**
- **Spending money**

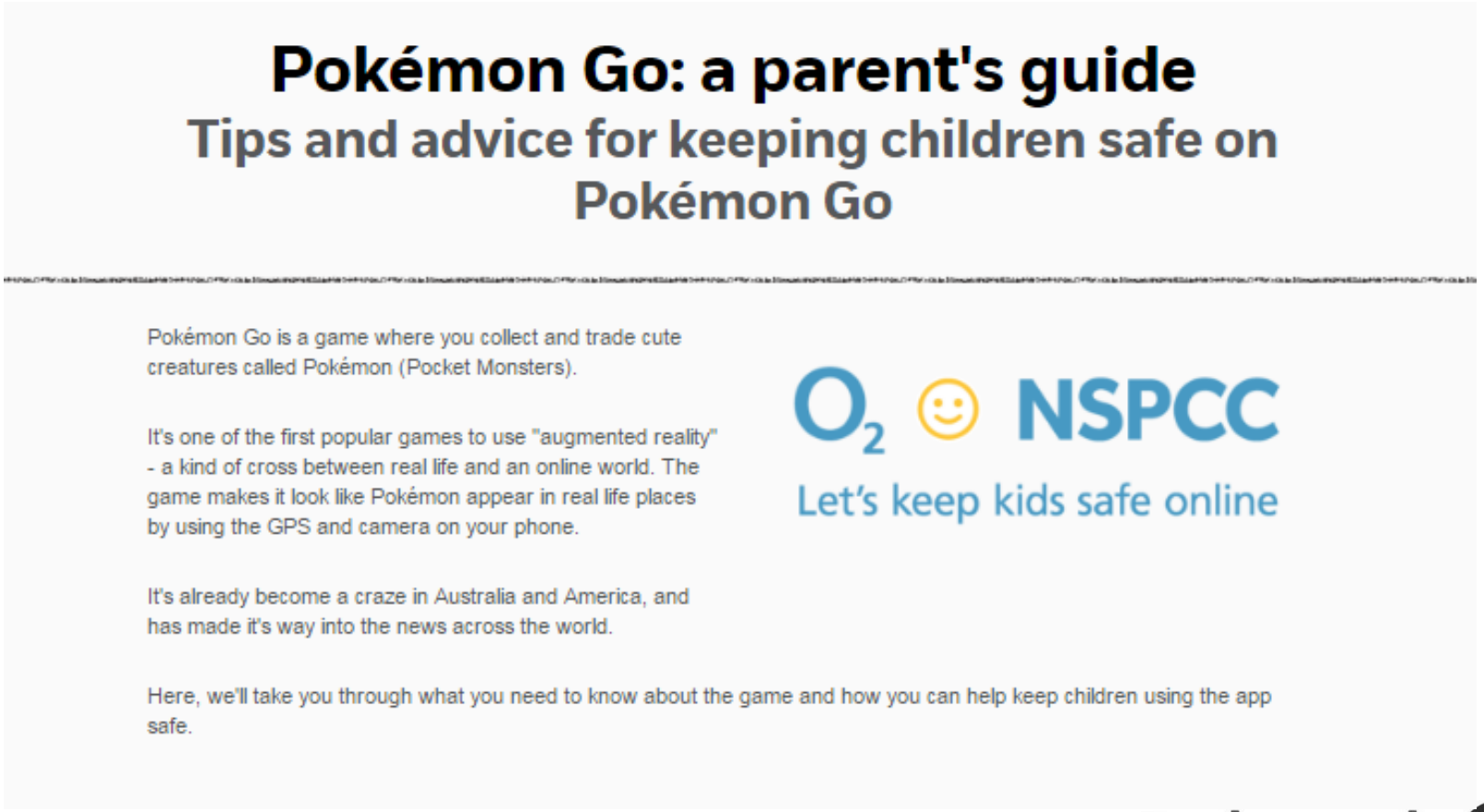
Location Sharing

Babcock 4S

Virtual world meets real world

nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/pokemon-go-parents-guide/

+



Pokémon Go: a parent's guide

Tips and advice for keeping children safe on Pokémon Go

Pokémon Go is a game where you collect and trade cute creatures called Pokémon (Pocket Monsters).

It's one of the first popular games to use "augmented reality" - a kind of cross between real life and an online world. The game makes it look like Pokémon appear in real life places by using the GPS and camera on your phone.

It's already become a craze in Australia and America, and has made it's way into the news across the world.

Here, we'll take you through what you need to know about the game and how you can help keep children using the app safe.

O2 NSPCC

Let's keep kids safe online

Babcock 4S

Babcock 4S

Pokémon Raids

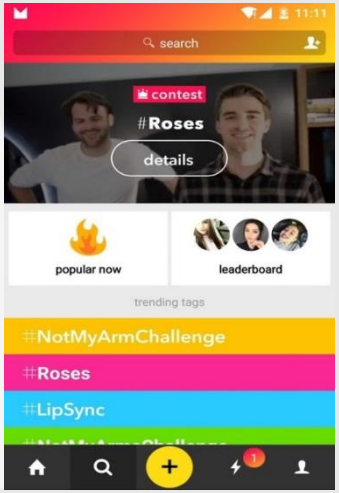
- Pokémon Raids are battles where up to 20 Pokémon Trainers meet up in one real-life location, to defeat more powerful Pokémon called Raid Bosses, in order to win rewards
- This means that players, who do not necessarily know each other and may not be the same age, will be brought together to battle

https://www.net-aware.org.uk/news/pokemon-

Babcock 4S

When Vine, Instagram & Youtube meet Karaoke…

Musical.ly



- A social network for creating & sharing 15-second clips, featuring users lip-synching or dancing to pop songs

Risks include:

- Inappropriate language & content
- Strong linkage to other social networking sites
- Privacy risks if profile is public

http://parentinfo.org/system/files/attachments/Musical%20ly%20Parent%20Guide.pdf

Babcock 4S

Sexting/Nudes/Naked selfies

Images or videos generated…

- by children under the age of 18, or
- of children under the age of 18 that are of a sexual nature or are indecent

- Source: ‘Sexting’ in schools: advice and support around self-generated images - What to do and how to handle it, Sharon Girling

Babcock 4S

Sexting has become "normal" among teenagers. (NCA)

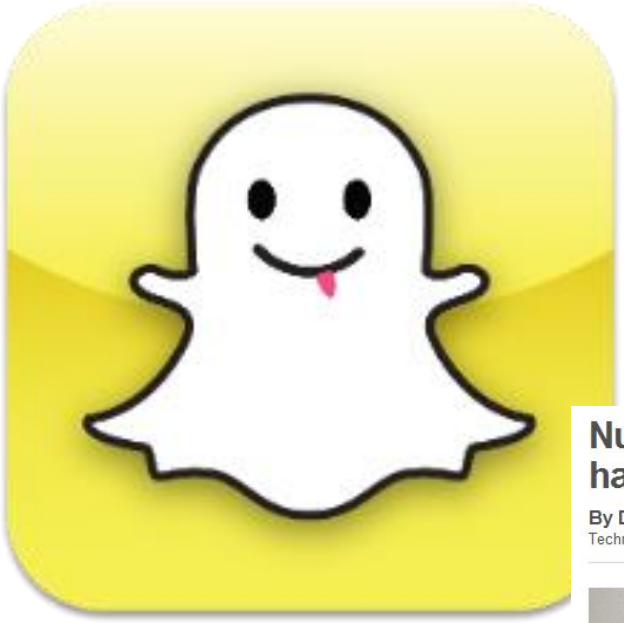
http://www.itv.com/news/2015-06-15/nca-launches-sexting-guide-for-parents/

Babcock 4S

Babcock 4S

SnapChat

SnapHack



SnapHack Pro for Snapchat - Scre... 12+

DAP Logic >

★★★☆☆ (6)

$0.99

vs | Related

Nude 'Snapchat images' put online by hackers

By Dave Lee
Technology reporter, BBC News

Snapchat messages are meant to "disappear" after a short time

Explicit images believed to have been sent through messaging service Snapchat were reportedly put online, with threats from hackers to upload more.

Users who had been accessing the service via a third-party app, and not the official Snapchat app, had their images intercepted.

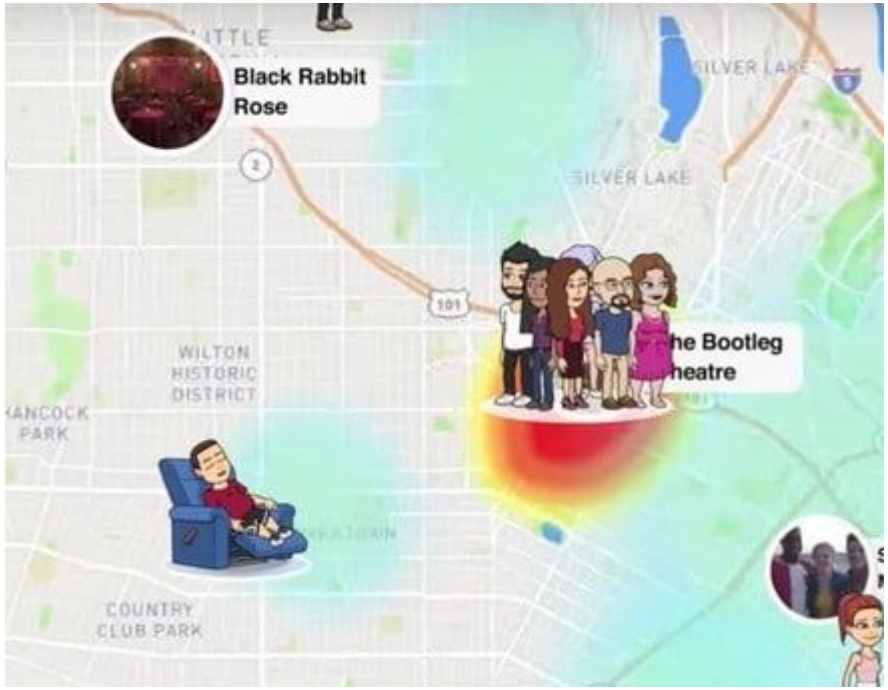
Related Sto

Snapsaved.cc admits Snapc

Snapchat hac

Babcock 4S

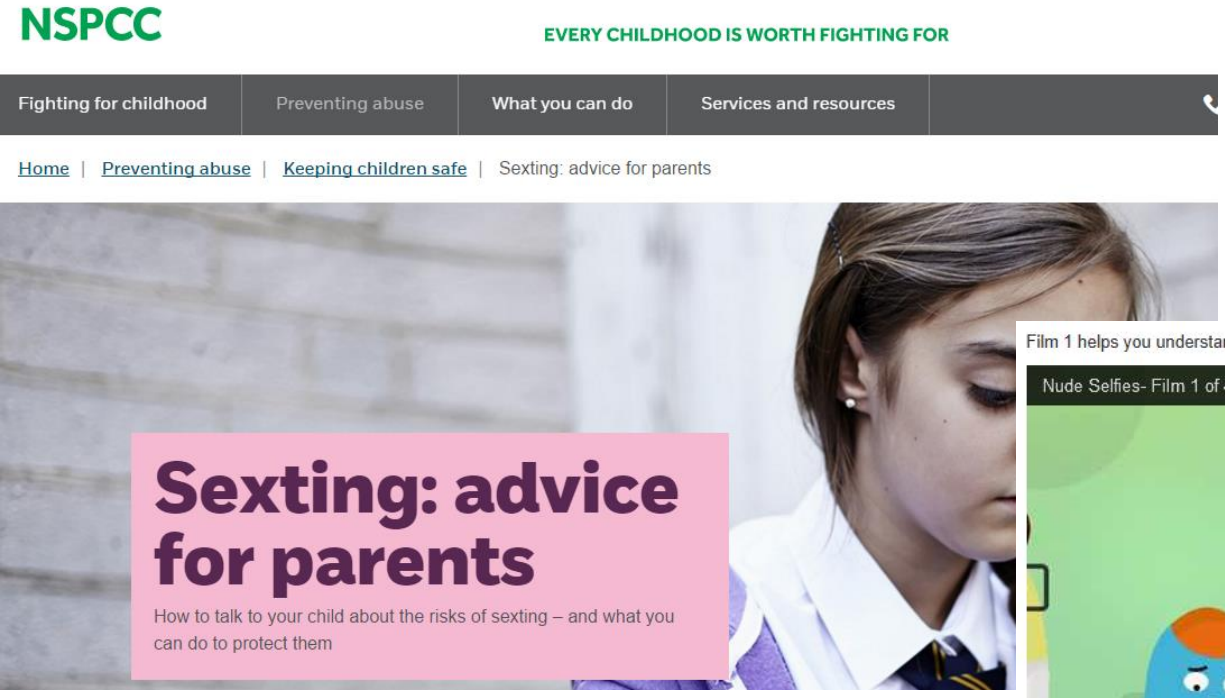
Location shariong: Snap Maps



There are three location settings to chose from:

- **Ghost Mode:** you are the only person who can see your location on the map. Within Ghost Mode you can still see the locations of your friends but they will be unable to see you.
- **My Friends:** means that all of your contacts on Snapchat can see your location.
- **Select Friends:** allows users to look through their friend list and then decide which of their friends they want to be able to view their location.

Nude Selfies videos for parents



Film 1 helps you understand the reasons why young people create and share nude or nearly nude images.

Film 2 helps you learn about effective strategies for talking to your child about nude or nearly nude images.

https://www.thinkuknow.co.uk/parents/Nude-Selfies-What-parents-and-carers-need-to-know/

Babcock 4S

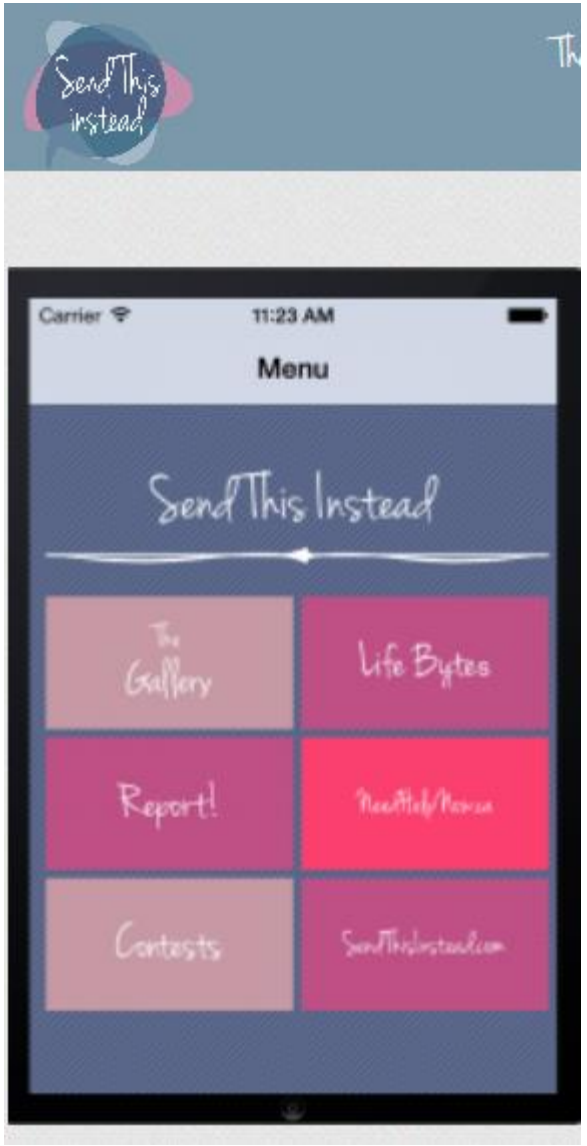
What is Zipit?

Zipit is ChildLine's first ever app, available for Android, Apple and BlackBerry smartphones (and iPod touch). It's free to download.

ANDROID APP ON Google play

Available on the App Store

BlackBerry App World™



Babcock 4S

ONLINE GAMING

Babcock 4S

Video Games

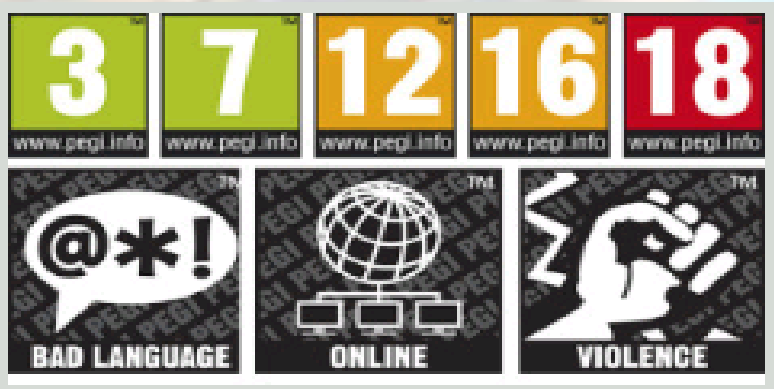
Graphic violence

Language

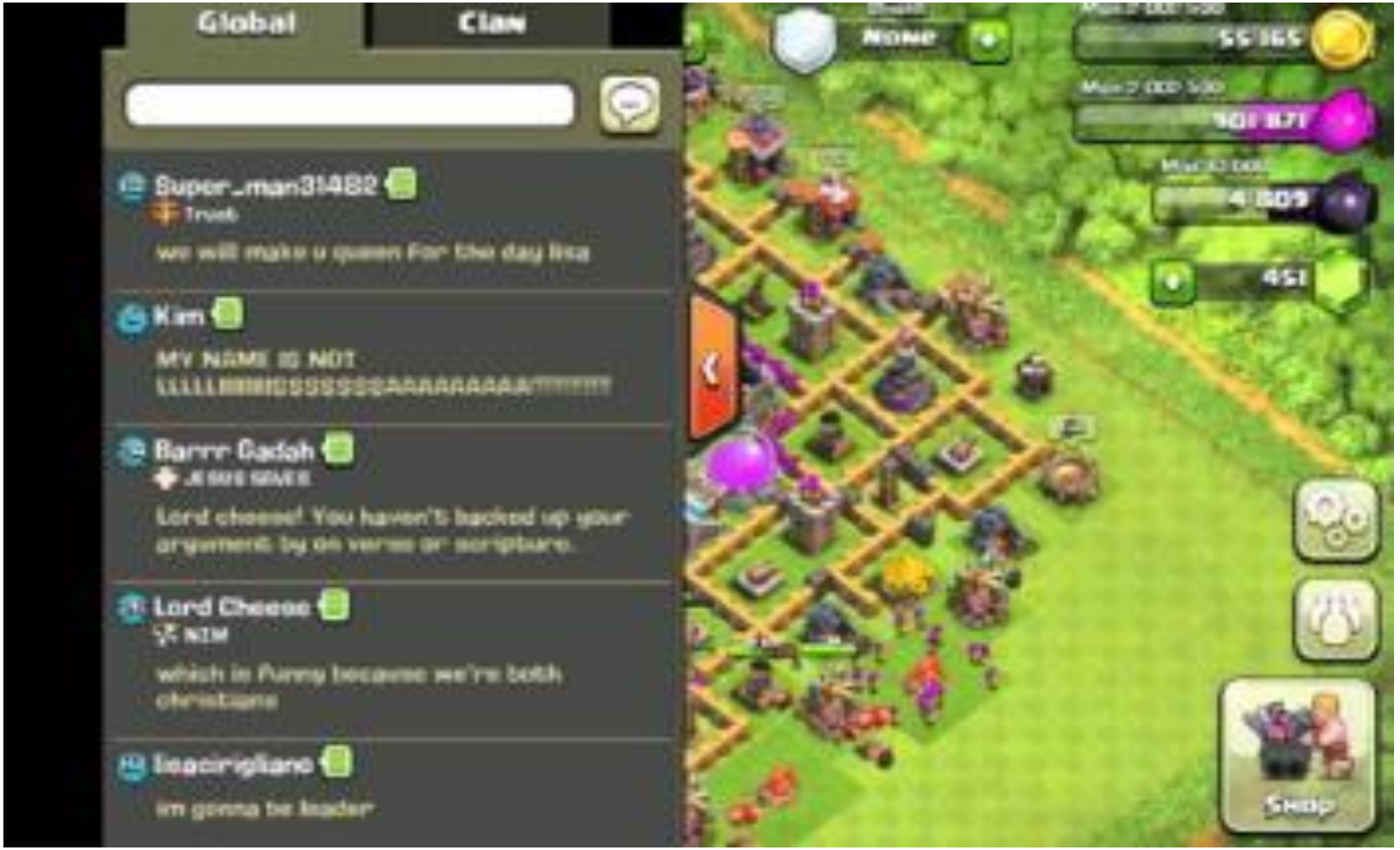
Online communications

Addiction

Behavioural changes



https://parentzone.org.uk/article/my-child-addicted-online-gaming



Social aspect built into many apps

Babcock 4S

https://parentzone.org.uk/article/clash-clans

parentZONE
MAKING THE INTERNET WORK FOR FAMILIES

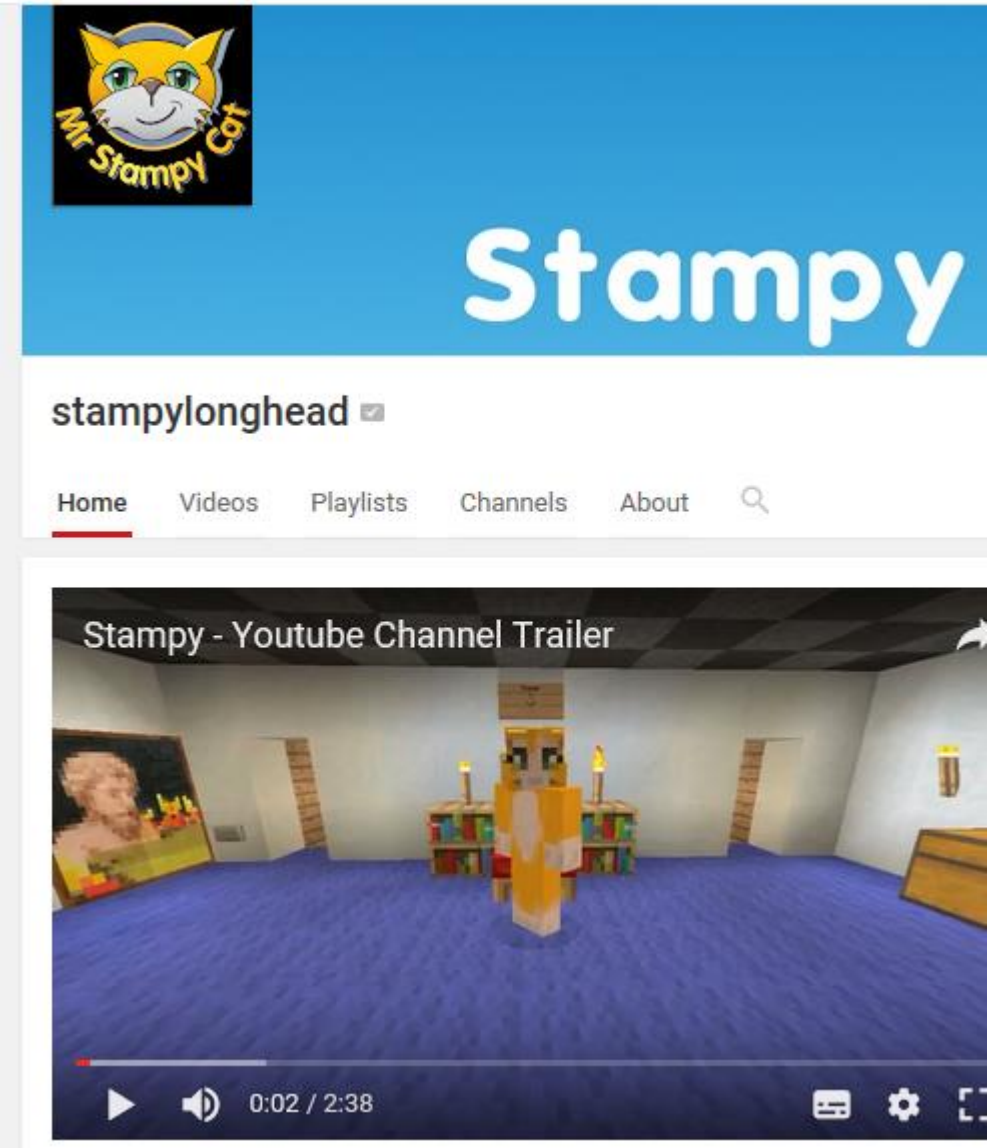
LATEST | ADVICE | TRAINING | EVENTS | PROJECTS | MEMBERSHIP | ABOUT US

HOME > LATEST > REVIEWS > GAMES REVIEWS > CLASH OF CLANS

IN THIS SECTION

- BLOG ENTRIES
- NEWS
- RESEARCH & REPORTS
- REVIEWS +

twitch



Babcock 4S

https://www.net-aware.org.uk/networks/twitch/

Is content on Twitch suitable for 8 to 12 year olds?

36% of reviewers reported seeing content that might be unsuitable for children aged 8-12 on this site. Here are the types of inappropriate content that they reported:

Sexual	Violence and hatred	Bullying
Low Risk	Medium Risk	Medium Risk

Babcock 4S

Risks associated with online streaming

- Live broadcasts of bullying
- Live broadcasts in school or in school uniform
- Inappropriate material (sexual, extremist)
- Contact
- Location sharing

Babcock 4S

ONLINE BULLYING

Babcock 4S

Number of children contacting ChildLine with concerns about online bullying has risen

Incidents reported yearly of online bullying have more than doubled since 2013

The charity has also seen a rise in concerns about self-harming

For the first time in the charity's history, more counselling took place online (59%) than by telephone (41%).

Babcock 4S

90% of young victims do not inform adults of online bullying issues

Girls are twice as likely to experience cyberbullying

Over 40% of all UK secondary or high school children have been bullied online and one in four have suffered repeated incidents

Babcock 4S

Cyberbullying – Let's Fight it Together

Babcock 4S

Is it worse than traditional bullying?

- can be 24/7, invading home and personal space
- can reach very large audiences rapidly
- can be anonymous

Babcock 4S

Warning signs

- Poor school performance
- Social exclusion
- Isolation
- Melancholy
- Low self-confidence
- Low self-esteem
- Depression
- Self harming

Babcock 4S

Who is doing the bullying?

Instagram moves to stop the trolls

The new feature will let anyone create a list of words that you consider offensive or inappropriate…Then afterwards, comments that feature those words will be hidden from your posts.

http://www.huffingtonpost.com/entry/instagram-is-tackling-hate-speech-the-way-twitter-should_us_57f3ecbde4b03d61445c745a?section=us_technology

Babcock 4S

https://www.bbc.co.uk/iplayer/cbbc/episode/b09g7x9t/creeped-out-series-1-3-trolled

If you had a chance to do something totally anonymously, and no one would ever find out, just how far would you push it? Sam has a promising future ahead of him at school but his anonymous posts on the school social media site could be his downfall.

Babcock 4S

anti-bullying alliance

www.anti-bullyingalliance.org.uk

Cyberbullying - how to keep your child safe online

- Download this ABA guidance for parents and carers on cyberbullying
- Talk to your child about who they're talking to online and encourage them to think before talking to people they don't know in person
- Try to understand and guide your child's online behaviour - negotiate and establish boundaries and discuss sensitively the issues around the concept of 'friends'
- Familiarise yourself with the social networking sites and chat programmes your child uses. Find out more about its build-in safety functions and how they can be contacted within the service

Babcock 4S

RESOURCES

Babcock 4S

SAVE the DATE

Safer Internet Day

2018 | Tuesday 6 February

www.saferinternetday.org

European Commission

INHOPE

ins@fe

Babcock 4S

Babcock 4S

Digital 5 A Day Campaign

- **Digital 5 A Day** campaign gives children and parents easy to follow, practical steps to achieve a healthy and balanced digital diet
- It seeks to promote a positive relationship with technology rather than relying on restrictions

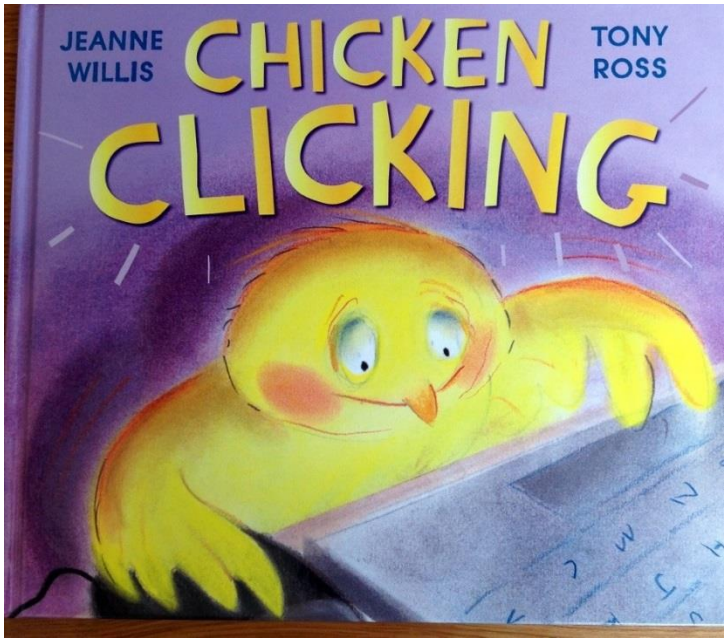
https://www.childrenscommissioner.gov.uk/2017/08/06/how-a-digital-5-a-day-can-help-children-lead-healthy-online-lives/

https://kentesafety.wordpress.com/2017/08/08/childrens-commissioner-launches-digital-5-a-day-framework-suggestions-for-educational-settings/

Babcock 4S

Online Safety Books

- Digiduck's Big Decision
- Chicken Clicking
- Penguinpig
- The internet is like a puddle
- Webster's email
- Webster's Bedtime
- Webster's Friend
- Dot
- It's a book
- When Charlie McButton Lost Power
- Little Bird's Internet Security Adventure



http://tinyurl.com/y8qzffkp

Babcock 4S

Online Reputation Checklist from Childnet

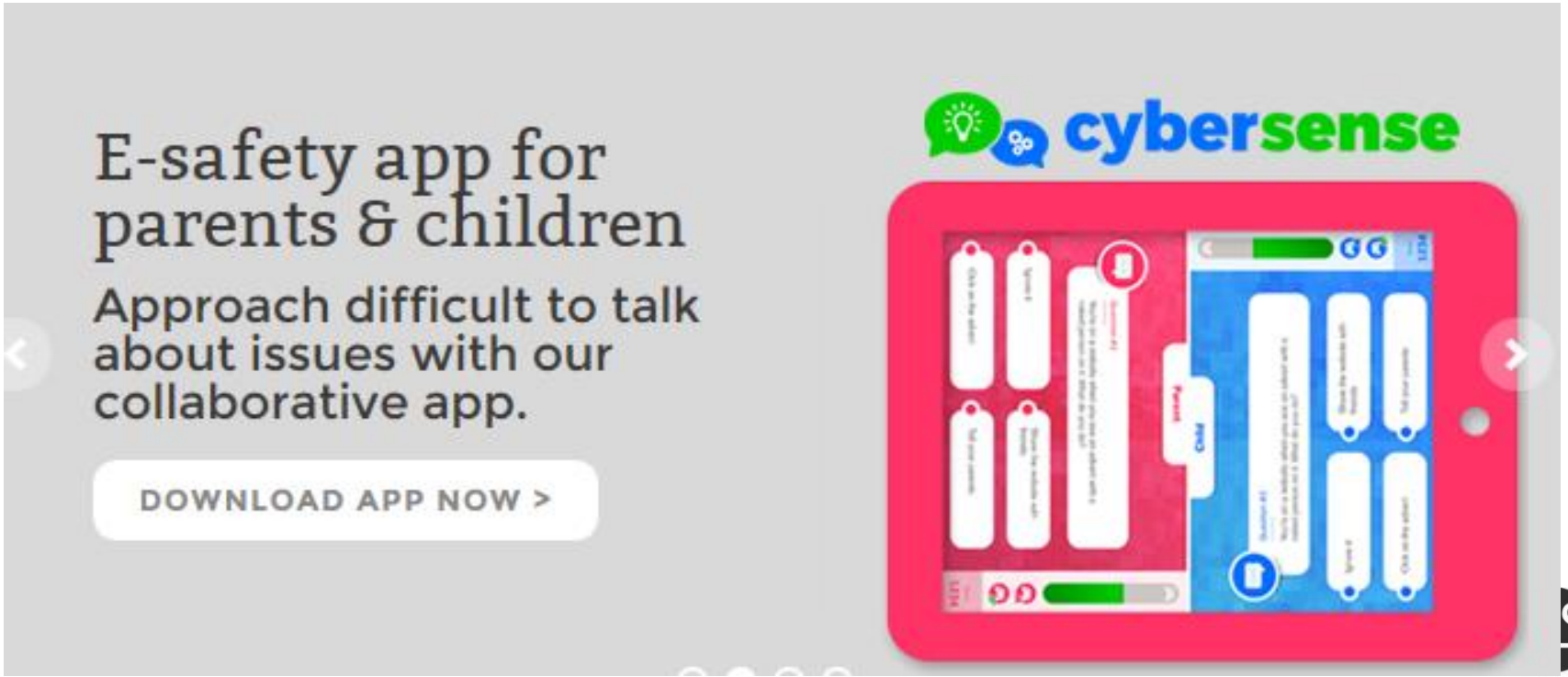
http://bit.ly/2ssQ2ea

- Designed for children to encourage them to think about managing & maintaining their online reputation

Babcock 4S

Cybersense App

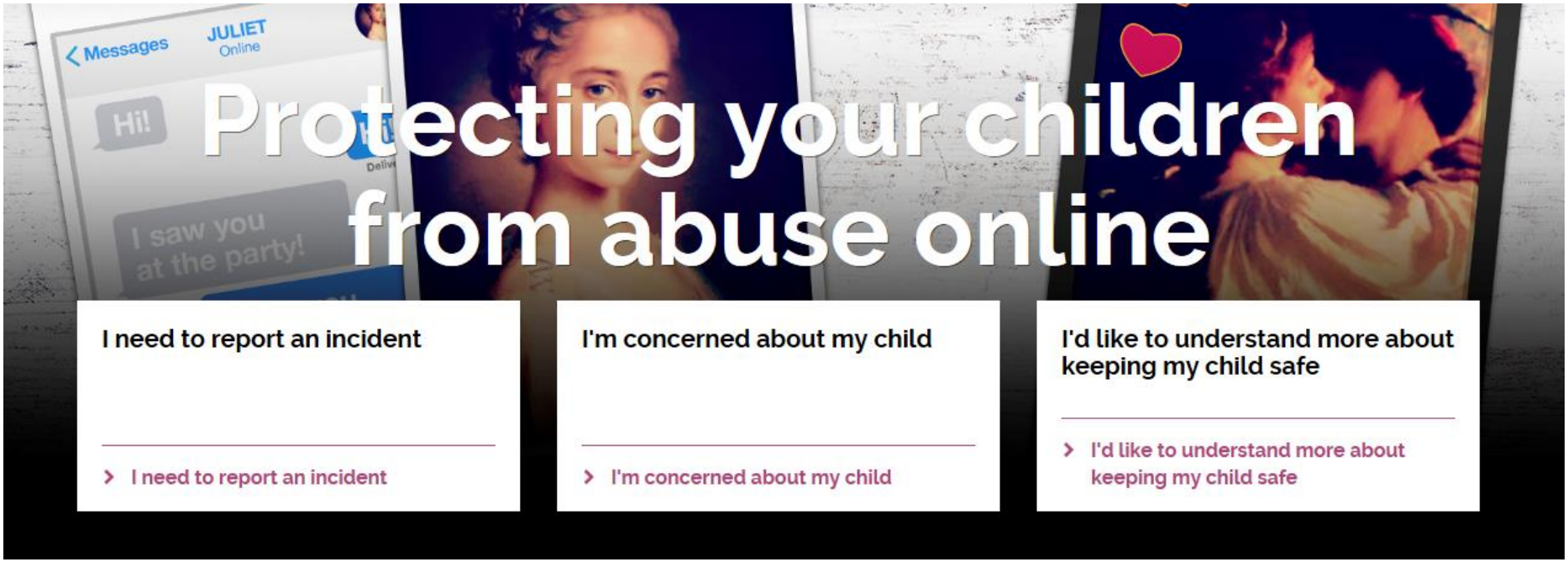
The app is aimed at children aged between 8-10 to help them think about what they would do if they were faced with different situations online;



http://www.ceop.police.uk/#n

Babcock 4S

https://www.thinkuknow.co.uk/parents/



Babcock 4S

OWN IT

www.bbc.com/ownit

Babcock 4S

How you can help…

Stay involved

- Keep talking and stay interested in what they're doing. Don't be afraid to bring up challenging issues.

Stay safe on the move

- Use safe settings on all mobile devices

Keep their information private

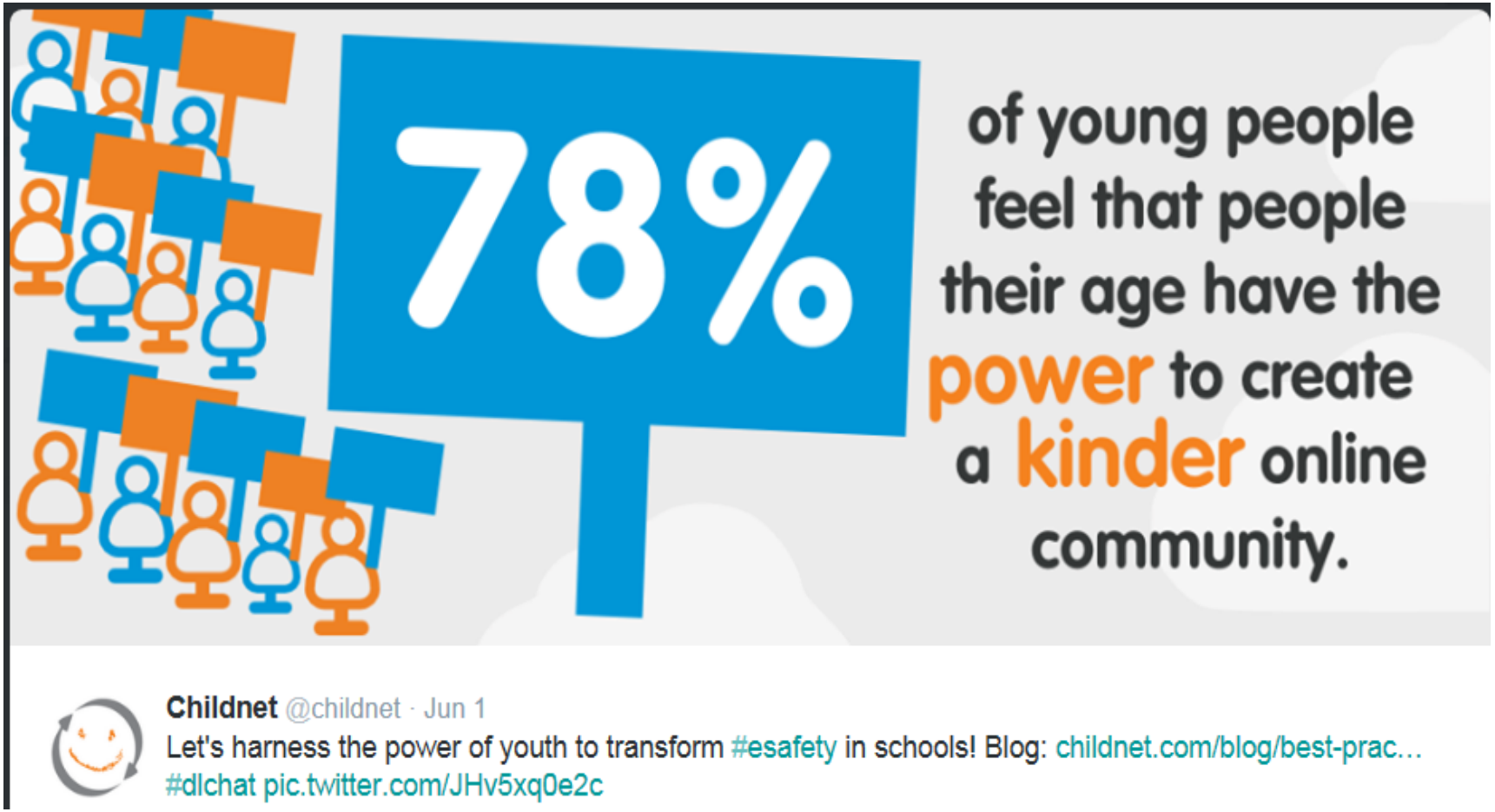
- Set privacy settings on social networking sites

Be responsible

- Talk to your child about being responsible when they're online. Children often feel they can say things online that they wouldn't say face-to-face.

http://www.internetmatters.org/advice/14plus/

Babcock 4S



Source: http://www.childnet.com/blog/best-practices-using-peer-education-to-transform-e-safety-in-schools

Babcock 4S