



St. Charles Borromeo
CATHOLIC PRIMARY SCHOOL
AND NURSERY

Physical Activity Log

2018/19

We aim to keep our children as active as possible both during and after the school day.

We keep a record of physical activity with all children encouraged to take part in after school clubs

In addition, by the time a pupil leaves Year 6 we aim to give every child who wishes to represent their school at sport a chance to play for their school.

Every year we manage to achieve 90% success rate in after school participation and 100% success rate with pupils representing their school at least once (for those who wish to) which equates to approximately 93% of all Year 6 pupils.

2018-19

Current participation rates are as follows:

Key Stage 1

78% of children take part in an afterschool club that involves physical activity

97% take part in a specific physical activity outside of school

Key Stage 2

91% of children take part in an afterschool club that involves physical activity

96% of children take part in a specific physical activity outside of school

In addition to the above Year 5 and 6 pupils act as play leaders and buddies to the younger children, encouraging active and productive play.

Our Year 6 pupils work with a group of Year 1 and reception pupils every lunchtime in a session called Whizz Club which offers our younger children active, structured games and play.