

WEEK 1

18 Apr, 9 May, 6 Jun, 27 Jun, 18 July, 12 Sept, 3 Oct

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------|--|---|---|---|---|
| Main | Saccottini Pomodoro in Tomato Basil Sauce with Garlic Dough balls and peas (Filled pasta with mozzarella and tomato) | Pork & Apple Grill with Creamed Potato and Broccoli Florets | Roast British chicken with stuffing, roast potatoes, spring cabbage & gravy | Ham & Cheese Pasta Bake with sweetcorn & wholegrain bread | Breaded 'Flipper Dippers' with oven chips & peas |
| Vegetarian | Veggie Bolognese with Penne Pasta | Homemade Squashage Roll with Creamed Potato and Baked Beans | Quorn Fillet with stuffing, roast potatoes, spring cabbage & gravy | Pizza Swirls with spicy potato wedges & chefs salad | Vegetable Quesadilla with oven chips & vegetable medley |
| Third Option | Jacket with cheese | Pasta with tomato | Pasta with cheese | Jacket with tuna | Pasta with pesto |
| Dessert | Cheese and Biscuits | Peach and Carrot Muffin with Crème Fraiche | Selection of fruit yoghurt | Fruity Flapjack with a fresh apple wedge | Chocolate Ice cream roll |

WEEK 2

25 Apr, 16 May, 13 Jun, 4 July, 29 Aug, 19 Sept, 10 Oct

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------|--|--|---|--|---|
| Main | Loaded Cheese & Tomto Pizza with oven baked wedges & homemade slaw | Chicken & Butternut Squash curry with wholegrain rice & broccoli florets | Roast British Beef with roast potatoes, cauliflower florets & gravy | BBQ Lincolnshire Sausages with crispy herb potatoes & baked beans | Salmon Fish Fingers or Breaded Pollock wrap with Oven Baked Chips & chefs salad |
| Vegetarian | Margherita Mac & Cheese with oven baked potato wedges & vegetable medley | Creamy Quorn Korma with wholegrain rice & sweetcorn | Glamorgan Sausage with roast potatoes, carrots & gravy | Homemade Quorn sausage & tomato roll with crispy herb potatoes and green beans | Vegetable Fingers with oven chips and peas |
| Third Option | Jacket with beans | Jacket with tuna | Pasta with pesto | Pasta with cheese | Pasta with tomato |
| Dessert | Chilled melon slice | Yoghurt Selection | Cheese & Biscuits with fresh apple slices | Strawberry Mousse | Vanilla icecream |

WEEK 3

2 May, 23 May, 20 Jun, 11 July, 5 Sept, 26 Sept, 17 Oct

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------|--|--|---|---|--|
| Main | Vegan Sausage Roll with crispy herb potatoes & green beans | Beef Burger in a bun with sweet potato wedges & salad bar | Roast British Gammon with Roast Potatoes, Broccoli & Gravy | Chicken & Thyme Meatballs in a tomato sauce with pita bread, couscous & sweetcorn | Breaded Fish Fillet with hashbrowns & peas |
| Vegetarian | Chilli Non Carne filled jacket potato with carrots | Country Vegetable Burger in a bun with sweet potato wedges & salad bar | Homemade Quorn lattice slice with roast potatoes, carrot batons & gravy | Mediterranean Pasta Bake with Chef's salad | Veggie Brunch - Mini omelette, hashbrown, veggie sausage & baked beans |
| Third Option | Pasta with cheese | Jacket with tuna | Pasta with pesto | Jacket with cheese | Pasta with tomato |
| Dessert | Yoghurt Selection | Banana Muffin with Crème fraiche | Chilled melon slice | Cheese & Biscuits | Homemade Chocolate & Beetroot brownie |